

# Régionale 5 couleurs Spaloumont 16.6.2024 Hermathenae

## Christian KRINGS

O.L.G. St. Vith ARDOC

Course : Rouge

Distance : 5090m (Climbing 100m)

Time : 1:08:10 (13'24"/km)

9/30

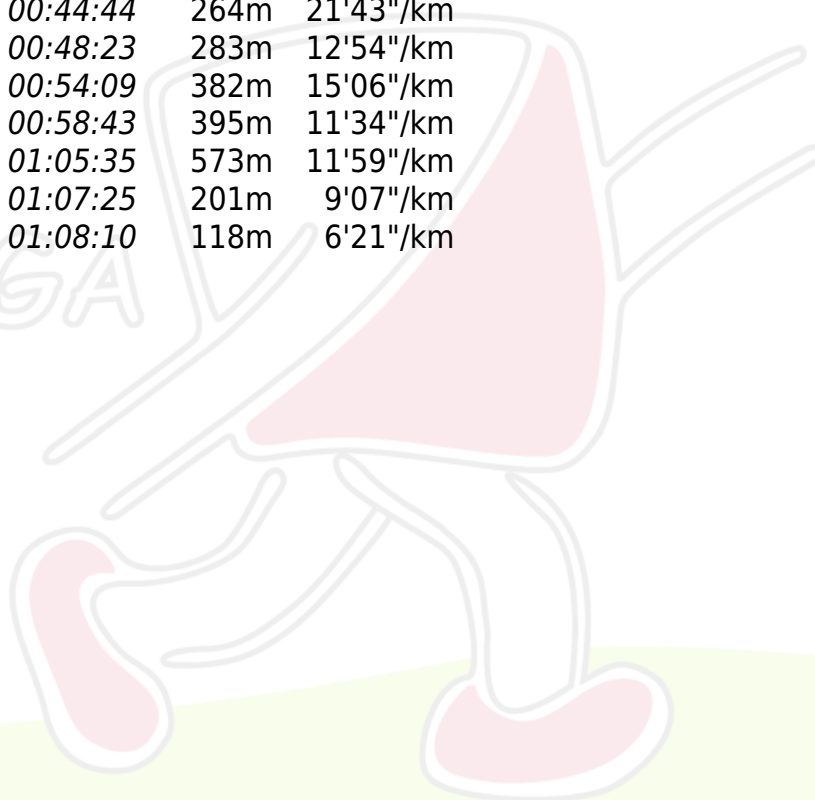
O.K.

[Full result on Webres](#)

|                      |         |
|----------------------|---------|
| 1. Jonathan GROSDENT | 0:54:06 |
| 2. Astrid KUPPER     | 0:56:22 |
| 3. Helmut WOLLGARTEN | 1:00:37 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 111 | 00:03:35 |          | 390m | 9'11"/km  |
| 2.  | 118 | 00:08:32 | 00:12:07 | 571m | 14'57"/km |
| 3.  | 121 | 00:03:11 | 00:15:18 | 353m | 9'01"/km  |
| 4.  | 123 | 00:04:15 | 00:19:33 | 453m | 9'23"/km  |
| 5.  | 126 | 00:10:25 | 00:29:58 | 368m | 28'18"/km |
| 6.  | 114 | 00:02:59 | 00:32:57 | 201m | 14'51"/km |
| 7.  | 141 | 00:06:03 | 00:39:00 | 483m | 12'32"/km |
| 8.  | 138 | 00:05:44 | 00:44:44 | 264m | 21'43"/km |
| 9.  | 136 | 00:03:39 | 00:48:23 | 283m | 12'54"/km |
| 10. | 135 | 00:05:46 | 00:54:09 | 382m | 15'06"/km |
| 11. | 132 | 00:04:34 | 00:58:43 | 395m | 11'34"/km |
| 12. | 137 | 00:06:52 | 01:05:35 | 573m | 11'59"/km |
| 13. | 90  | 00:01:50 | 01:07:25 | 201m | 9'07"/km  |
| 14. | 999 | 00:00:45 | 01:08:10 | 118m | 6'21"/km  |

HELGA



Orienteering Software