



LOS Egenhoven

Toverberg 15.6.2024

Omega

Pieter SEMAL

Indiv.

Percorso : H:01

Distancia : 4230m

Tempo : 0:38:37 (9'08"/km)

7/57

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------|---------|
| 1. Mats DE SMUL | 0:27:57 |
| 2. Wouter LAMMENS | 0:31:02 |
| 3. Frederik LOECKX | 0:31:26 |

1.	42	00:01:20		173m	7'42"/km
2.	41	00:00:40	00:02:00	84m	7'56"/km
3.	36	00:01:17	00:03:17		
4.	34	00:00:12	00:03:29		
5.	43	00:00:34	00:04:03	87m	6'31"/km
6.	49	00:01:13	00:05:16	139m	8'45"/km
7.	52	00:01:19	00:06:35	91m	14'28"/km
8.	50	00:01:24	00:07:59	179m	7'49"/km
9.	51	00:03:15	00:11:14	49m	66'20"/km
10.	45	00:00:52	00:12:06	74m	11'43"/km
11.	47	00:01:01	00:13:07	124m	8'12"/km
12.	46	00:00:29	00:13:36	69m	7'00"/km
13.	61	00:02:39	00:16:15	296m	8'57"/km
14.	60	00:01:00	00:17:15	124m	8'04"/km
15.	59	00:00:49	00:18:04	83m	9'50"/km
16.	57	00:01:20	00:19:24	202m	6'36"/km
17.	56	00:00:57	00:20:21	51m	18'38"/km
18.	55	00:00:29	00:20:50	57m	8'29"/km
19.	39	00:01:43	00:22:33	182m	9'26"/km
20.	33	00:01:09	00:23:42	183m	6'17"/km
21.	31	00:00:33	00:24:15	118m	4'40"/km
22.	40	00:02:11	00:26:26	153m	14'16"/km
23.	36	00:01:09	00:27:35	92m	12'30"/km
24.	44	00:01:02	00:28:37	159m	6'30"/km
25.	48	00:02:38	00:31:15	288m	9'09"/km
26.	62	00:01:04	00:32:19	115m	9'17"/km
27.	58	00:01:09	00:33:28	132m	8'43"/km
28.	32	00:03:15	00:36:43	398m	8'10"/km
29.	37	00:00:55	00:37:38	169m	5'25"/km
30.	999	00:00:59	00:38:37	169m	5'49"/km