



Training Volmersberg

Sankt Vith 2.6.2024

O.L.G. St. Vith ARDOC

Guido LENGES

OLV Eifel

Omloop : H:Schwarz lang

Afstand : 5800m

--/12

niet geklasseerd

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. J  r  my BREDO | 0:44:03 |
| 2. Robert THEISS | 0:48:34 |
| 3. Stephan HANS | 0:53:26 |

1.	101	00:02:23		220m	10'50"/km
2.	102	00:01:23	00:03:46	188m	7'21"/km
3.	103	00:01:11	00:04:57	200m	5'55"/km
4.	104	00:01:15	00:06:12	159m	7'52"/km
5.	105	00:02:51	00:09:03	416m	6'51"/km
6.	106	00:00:55	00:09:58	159m	5'46"/km
7.	107	00:01:17	00:11:15	123m	10'26"/km
8.	108	00:01:04	00:12:19	175m	6'06"/km
9.	109	00:00:45	00:13:04	85m	8'49"/km
10.	110	00:01:11	00:14:15	146m	8'06"/km
11.	111	00:01:55	00:16:10	262m	7'19"/km
12.	112	00:01:07	00:17:17	132m	8'28"/km
13.	233	00:02:16	00:19:33		
14.	114	00:02:07	00:21:40		
15.	115	00:05:12	00:26:52	428m	12'09"/km
16.	226	00:00:55	00:27:47	160m	5'44"/km
17.	117	00:01:46	00:29:33	255m	6'56"/km
18.	118	00:02:12	00:31:45	166m	13'15"/km
19.	220	00:01:41	00:33:26	147m	11'27"/km
20.	221	00:00:49	00:34:15	138m	5'55"/km
21.	229	00:00:35	00:34:50	82m	7'07"/km
22.	222	00:01:51	00:36:41	202m	9'10"/km
23.	223	00:01:20	00:38:01	157m	8'30"/km
24.	224	00:01:46	00:39:47	203m	8'42"/km
25.	235	00:01:06	00:40:53	154m	7'09"/km
26.	231	00:01:44	00:42:37	295m	5'53"/km
27.	228	00:02:00	00:44:37	172m	11'38"/km
28.	232	00:01:22	00:45:59	80m	17'05"/km
29.	230	00:00:44	00:46:43	104m	7'03"/km
30.	120	00:00:37	00:47:20	127m	4'51"/km

Orienteering Software