



3º Treino COABOM
Sítio Prof. Janete 19.5.2024
Clube de Orientação Amigos dos Bombeiros

Bruno De Brito

Federação de Orientação de Goiás

Circuit : H21N

Distance : 1600m

Temps : 1:13:20 (45'50"/km)

4/5

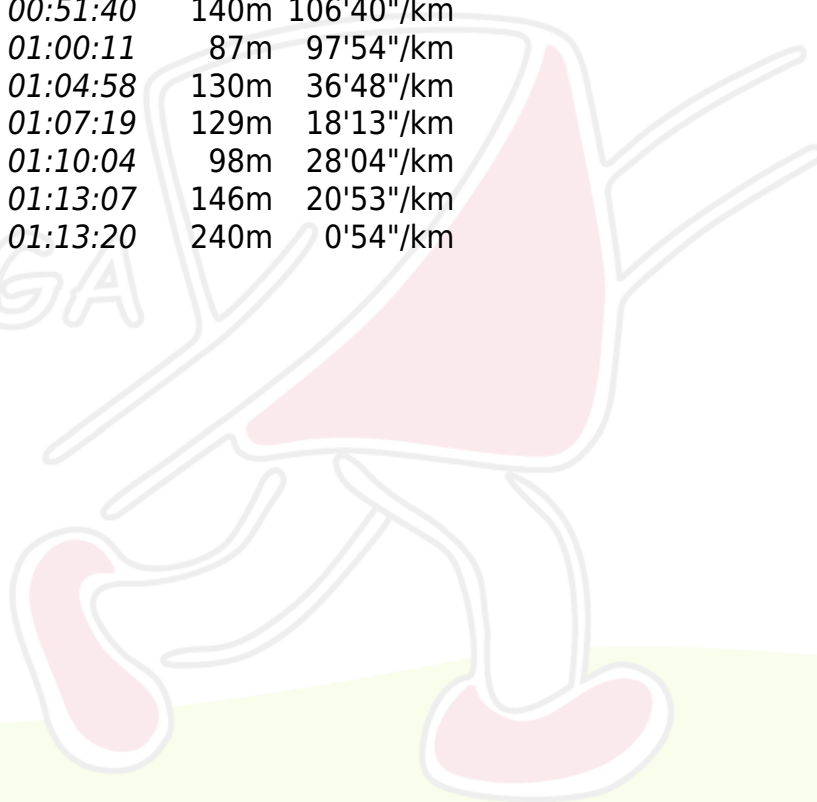
O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Rubens Borges | 0:48:18 |
| 2. Rafael Zanelati Ribeiro | 0:48:27 |
| 3. Tiago De Melo | 1:04:50 |

1.	39	00:04:52		100m	48'40"/km
2.	44	00:01:59	00:06:51	87m	22'48"/km
3.	41	00:02:27	00:09:18	203m	12'04"/km
4.	40	00:03:17	00:12:35	140m	23'27"/km
5.	51	00:20:20	00:32:55	153m	132'54"/km
6.	35	00:02:10	00:35:05	111m	19'31"/km
7.	33	00:01:39	00:36:44	84m	19'39"/km
8.	47	00:14:56	00:51:40	140m	106'40"/km
9.	38	00:08:31	01:00:11	87m	97'54"/km
10.	58	00:04:47	01:04:58	130m	36'48"/km
11.	36	00:02:21	01:07:19	129m	18'13"/km
12.	59	00:02:45	01:10:04	98m	28'04"/km
13.	32	00:03:03	01:13:07	146m	20'53"/km
14.	999	00:00:13	01:13:20	240m	0'54"/km

HELGA



Orienteering Software