



3º Treino COABOM
Sítio Prof. Janete 19.5.2024
Clube de Orientação Amigos dos Bombeiros

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Federação de Orientação de Goiás

Omloop : H21A

Afstand : 4700m

Tijd : 3:30:34 (44'48"/km)

10/12

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------------------------|---------|
| 1. Leandro Fonseca Dos Santos | 1:07:34 |
| 2. Luiz Gustavo Tavares De Lima | 1:18:26 |
| 3. Murillo Marcio Alvarenga Carvalho | 1:18:49 |

1.	44	00:02:51		129m	22'06"/km
2.	31	00:04:50	00:07:41	320m	15'06"/km
3.	40	00:03:29	00:11:10	178m	19'34"/km
4.	46	00:52:09	01:03:19	255m	204'31"/km
5.	52	00:09:01	01:12:20	112m	80'30"/km
6.	50	00:03:46	01:16:06	104m	36'13"/km
7.	45	00:07:41	01:23:47	478m	16'04"/km
8.	55	00:09:16	01:33:03	273m	33'57"/km
9.	54	00:03:23	01:36:26	205m	16'30"/km
10.	53	00:23:16	01:59:42	471m	49'24"/km
11.	48	00:27:34	02:27:16	504m	54'42"/km
12.	43	00:02:45	02:30:01	82m	33'32"/km
13.	56	00:19:17	02:49:18	378m	51'01"/km
14.	51	00:25:52	03:15:10	521m	49'39"/km
15.	33	00:08:16	03:23:26	190m	43'31"/km
16.	47	00:02:54	03:26:20	140m	20'43"/km
17.	38	00:01:57	03:28:17	87m	22'25"/km
18.	32	00:02:08	03:30:25	145m	14'43"/km
19.	999	00:00:09	03:30:34	240m	0'38"/km

Orienteering Software