



3º Treino COABOM
Sítio Prof. Janete 19.5.2024
Clube de Orientação Amigos dos Bombeiros

Hamilton Pinheiro

Federação de Orientação de Goiás

Circuit : H21A

Distance : 4700m

Temps : 1:37:27 (20'44"/km)

6/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------------------|---------|
| 1. Leandro Fonseca Dos Santos | 1:07:34 |
| 2. Luiz Gustavo Tavares De Lima | 1:18:26 |
| 3. Murillo Marcio Alvarenga Carvalho | 1:18:49 |

1.	44	00:04:52		129m	37'44"/km
2.	31	00:03:51	00:08:43	320m	12'02"/km
3.	40	00:05:14	00:13:57	178m	29'24"/km
4.	46	00:05:38	00:19:35	255m	22'05"/km
5.	52	00:07:19	00:26:54	112m	65'20"/km
6.	50	00:04:46	00:31:40	104m	45'50"/km
7.	45	00:05:07	00:36:47	478m	10'42"/km
8.	55	00:04:55	00:41:42	273m	18'01"/km
9.	54	00:02:31	00:44:13	205m	12'17"/km
10.	53	00:08:16	00:52:29	471m	17'33"/km
11.	48	00:09:54	01:02:23	504m	19'39"/km
12.	43	00:02:15	01:04:38	82m	27'26"/km
13.	56	00:08:32	01:13:10	378m	22'34"/km
14.	51	00:15:33	01:28:43	521m	29'51"/km
15.	33	00:03:37	01:32:20	190m	19'02"/km
16.	47	00:02:06	01:34:26	140m	15'00"/km
17.	38	00:01:26	01:35:52	87m	16'29"/km
18.	32	00:01:25	01:37:17	145m	9'46"/km
19.	999	00:00:10	01:37:27	240m	0'42"/km

Orienteering Software