



ASOM 2024 - ASOM City Race & WRE

Leuven 19.5.2024

ASOM

Valentin PALCAU

7404AR ASO

Course : M Supervet 55+

Distance : 8570m

Time : 0:49:33 (5'47"/km)

9/64

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|---------|
| 1. Dirk GOOSSENS | 0:43:48 |
| 2. Jean-François FAUCONNIER | 0:44:23 |
| 3. Andrew CAMPBELL | 0:46:58 |

1.	97	00:02:02	279m	7'17"/km
2.	101	00:03:20 00:05:22	486m	6'52"/km
3.	106	00:01:55 00:07:17	262m	7'19"/km
4.	105	00:01:33 00:08:50	183m	8'28"/km
5.	104	00:00:41 00:09:31	130m	5'15"/km
6.	109	00:01:19 00:10:50	108m	12'11"/km
7.	75	00:01:39 00:12:29	192m	8'36"/km
8.	113	00:00:34 00:13:03	52m	10'54"/km
9.	74	00:00:29 00:13:32	61m	7'55"/km
10.	73	00:00:27 00:13:59	79m	5'42"/km
11.	98	00:00:51 00:14:50	116m	7'20"/km
12.	65	00:03:56 00:18:46	552m	7'08"/km
13.	66	00:00:26 00:19:12	49m	8'51"/km
14.	63	00:01:04 00:20:16	96m	11'07"/km
15.	64	00:00:41 00:20:57	100m	6'50"/km
16.	62	00:00:29 00:21:26	53m	9'07"/km
17.	54	00:02:11 00:23:37	200m	10'55"/km
18.	83	00:00:54 00:24:31	87m	10'21"/km
19.	32	00:00:47 00:25:18	125m	6'16"/km
20.	70	00:03:47 00:29:05	504m	7'30"/km
21.	39	00:00:18 00:29:23	45m	6'40"/km
22.	38	00:00:56 00:30:19	80m	11'40"/km
23.	68	00:02:15 00:32:34	309m	7'17"/km
24.	67	00:01:46 00:34:20	138m	12'48"/km
25.	87	00:03:17 00:37:37	408m	8'03"/km
26.	79	00:00:38 00:38:15	55m	11'31"/km
27.	84	00:01:10 00:39:25	145m	8'03"/km
28.	47	00:00:21 00:39:46	45m	7'47"/km
29.	41	00:00:28 00:40:14	36m	12'58"/km
30.	37	00:02:04 00:42:18	68m	30'24"/km
31.	86	00:01:32 00:43:50	150m	10'13"/km
32.	93	00:00:38 00:44:28	55m	11'31"/km
33.	95	00:02:12 00:46:40	183m	12'01"/km
34.	85	00:01:01 00:47:41	132m	7'42"/km
35.	81	00:00:48 00:48:29	139m	5'45"/km
36.	61	00:00:27 00:48:56	48m	9'23"/km



37.	52	00:00:15	00:49:11	45m	5'33"/km
38.	999	00:00:22	00:49:33	94m	3'54"/km

HELGA



Orienteering Software