



Pista Treino Nr 7/2024 - EsPCEEx
CMC 17.5.2024
Clube de Orientação da EsPCEEx

Cap Isis

EsPCEEx

Course : D ADULTO B

Distance : 2600m (Climbing 50m)

Time : 0:31:32,218 (12'08"/km)

4/8

O.K.

[Full result on Webres](#)

- | | |
|--------------------|-------------|
| 1. Alu Felipe Lima | 0:26:04,199 |
| 2. Alu Comarú | 0:27:31,398 |
| 3. Alu Araújo | 0:30:51,394 |

1.	33	00:05:59		180m	33'14"/km
2.	34	00:01:50	00:07:49	142m	12'55"/km
3.	36	00:01:37	00:09:26	130m	12'26"/km
4.	37	00:00:53	00:10:19	62m	14'15"/km
5.	42	00:02:27	00:12:46	267m	9'11"/km
6.	41	00:01:42	00:14:28	129m	13'11"/km
7.	40	00:02:01	00:16:29	174m	11'35"/km
8.	39	00:02:20	00:18:49	159m	14'41"/km
9.	43	00:01:02	00:19:51	125m	8'16"/km
10.	32	00:04:54	00:24:45	310m	15'48"/km
11.	33	00:01:06	00:25:51	134m	8'13"/km
12.	45	00:02:00	00:27:51	264m	7'35"/km
13.	46	00:02:28	00:30:19	286m	8'37"/km
14.	999	00:01:13	00:31:32	231m	5'16"/km

HELGA

Orienteering Software