



Pista Treino Nr 7/2024 - EsPCEEx
CMC 17.5.2024
Clube de Orientação da EsPCEEx

Alu Gustavo Henrique

1ª Companhia

Course : H ADULTO B

Distance : 3700m (Climbing 60m)

Time : 0:39:31,132 (10'41"/km)

5/13

O.K.

[Full result on Webres](#)

1. Alu Maronês	0:32:09,976
2. Alu Schultz	0:33:28,414
3. Alu Uchôa	0:35:45,804

1.	32	00:04:35		234m	19'35"/km
2.	40	00:04:49	00:09:24	333m	14'28"/km
3.	39	00:02:45	00:12:09	159m	17'18"/km
4.	43	00:00:51	00:13:00	125m	6'48"/km
5.	41	00:02:35	00:15:35	366m	7'03"/km
6.	42	00:01:30	00:17:05	129m	11'38"/km
7.	48	00:01:28	00:18:33	118m	12'26"/km
8.	40	00:01:19	00:19:52	131m	10'03"/km
9.	42	00:02:05	00:21:57	220m	9'28"/km
10.	34	00:03:40	00:25:37	357m	10'16"/km
11.	36	00:01:18	00:26:55	130m	10'00"/km
12.	37	00:00:49	00:27:44	62m	13'10"/km
13.	34	00:00:59	00:28:43	130m	7'34"/km
14.	33	00:02:51	00:31:34	142m	20'04"/km
15.	32	00:01:08	00:32:42	134m	8'27"/km
16.	45	00:01:50	00:34:32	219m	8'22"/km
17.	46	00:02:10	00:36:42	286m	7'35"/km
18.	47	00:02:03	00:38:45	252m	8'08"/km
19.	999	00:00:46	00:39:31	101m	7'35"/km

Orienteering Software