



Maastricht City Races - Day 1

Maastricht oost 11.5.2024

KOVZ

Pawel PRUSKOWSKI

K.O.L.

Course : Man Vet 40+

Distance : 11100m

Time : 1:09:29 (6'16"/km)

15/28

O.K.

[Full result on Webres](#)

1. Frederik LOECKX	0:48:24
2. Oleksandr RYBAKOV	0:51:00
3. Roland VAN LOON	0:51:40

1.	150	00:01:18		159m	8'11"/km
2.	148	00:02:09	00:03:27	312m	6'53"/km
3.	112	00:00:54	00:04:21	127m	7'05"/km
4.	114	00:01:15	00:05:36	153m	8'10"/km
5.	110	00:01:41	00:07:17	180m	9'21"/km
6.	113	00:01:10	00:08:27	175m	6'40"/km
7.	117	00:01:39	00:10:06	106m	15'34"/km
8.	152	00:03:19	00:13:25	449m	7'23"/km
9.	159	00:00:00	00:13:25	111m	0'00"/km
10.	161	01:02:38	01:16:03	220m	284'42"/km
11.	163	00:02:12	01:18:15	245m	8'59"/km
12.	170	00:01:07	01:19:22	78m	14'19"/km
13.	165	00:02:01	01:21:23	238m	8'28"/km
14.	169	00:01:15	01:22:38	154m	8'07"/km
15.	166	00:00:39	01:23:17	70m	9'17"/km
16.	180	00:01:09	01:24:26	120m	9'35"/km
17.	173	00:02:50	01:27:16	384m	7'23"/km
18.	176	00:01:52	01:29:08	190m	9'49"/km
19.	174	00:00:54	01:30:02	89m	10'07"/km
20.	175	00:00:55	01:30:57	119m	7'42"/km
21.	177	00:00:57	01:31:54	106m	8'58"/km
22.	178	00:02:28	01:34:22	318m	7'45"/km
23.	184	00:02:55	01:37:17	325m	8'58"/km
24.	183	00:01:12	01:38:29	95m	12'38"/km
25.	172	00:03:23	01:41:52	427m	7'55"/km
26.	171	00:01:05	01:42:57	112m	9'40"/km
27.	164	00:02:26	01:45:23	188m	12'57"/km
28.	131	00:02:55	01:48:18	450m	6'29"/km
29.	130	00:03:17	01:51:35	282m	11'39"/km
30.	127	00:02:24	01:53:59	209m	11'29"/km
31.	126	00:02:53	01:56:52	329m	8'46"/km
32.	125	00:00:57	01:57:49	117m	8'07"/km
33.	122	00:00:48	01:58:37	62m	12'54"/km
34.	129	00:02:03	02:00:40	258m	7'57"/km
35.	135	00:02:18	02:02:58	260m	8'51"/km
36.	141	00:01:18	02:04:16	178m	7'18"/km



37.	139	00:00:44	02:05:00	70m	10'29"/km
38.	134	00:01:16	02:06:16	71m	17'50"/km
39.	101	00:02:31	02:08:47	414m	6'05"/km
40.	999	00:00:12	02:08:59	34m	5'53"/km

HELGA



Orienteering Software