



LOS Provinciaal Domein

Leuven 11.5.2024

Omega

Lennert LENS

hamok

Course : H:01

Distance : 5600m

Time : 0:36:16 (6'29"/km)

2/33

O.K.

[Full result on Webres](#)

1. Willem BAKELANTS

0:35:34

3. Mats DE SMUL

0:39:01

1.	31	00:00:57		225m	4'13"/km
2.	58	00:01:32	00:02:29	366m	4'11"/km
3.	32	00:00:29	00:02:58	110m	4'24"/km
4.	33	00:01:19	00:04:17	260m	5'04"/km
5.	34	00:00:30	00:04:47	60m	8'20"/km
6.	36	00:01:12	00:05:59	84m	14'17"/km
7.	35	00:00:51	00:06:50	79m	10'46"/km
8.	56	00:00:19	00:07:09	42m	7'32"/km
9.	37	00:01:05	00:08:14	182m	5'57"/km
10.	38	00:01:33	00:09:47	174m	8'54"/km
11.	39	00:01:04	00:10:51	158m	6'45"/km
12.	40	00:01:12	00:12:03	203m	5'55"/km
13.	41	00:00:27	00:12:30	73m	6'10"/km
14.	57	00:00:53	00:13:23	158m	5'35"/km
15.	42	00:01:01	00:14:24	161m	6'19"/km
16.	43	00:00:51	00:15:15	140m	6'04"/km
17.	44	00:01:28	00:16:43	294m	4'59"/km
18.	45	00:00:33	00:17:16	90m	6'07"/km
19.	46	00:00:33	00:17:49	119m	4'37"/km
20.	47	00:00:59	00:18:48	231m	4'15"/km
21.	48	00:03:00	00:21:48	335m	8'57"/km
22.	49	00:02:48	00:24:36	368m	7'37"/km
23.	50	00:01:04	00:25:40	228m	4'41"/km
24.	61	00:00:26	00:26:06	83m	5'13"/km
25.	51	00:00:39	00:26:45	120m	5'25"/km
26.	60	00:00:46	00:27:31	70m	10'57"/km
27.	52	00:02:55	00:30:26	443m	6'35"/km
28.	53	00:03:25	00:33:51	303m	11'17"/km
29.	55	00:01:24	00:35:15	232m	6'02"/km
30.	54	00:00:46	00:36:01	161m	4'46"/km
31.	999	00:00:15	00:36:16	51m	4'54"/km