



PiSTA Treino - 10 de Maio - 2024
CCM Batalha do Riachuelo 10.5.2024
Indiv.

Valentina Xerez Coutinho Ramos

Indiv.

Percurso : Damas

Distancia : 4000m (Desnivel 37m)

Tempo : 0:22:10 (5'32"/km)

16/25

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Sophia Monteiro | 0:04:49 |
| 2. Eduarda Bandeira De Mello Nina | 0:05:01 |
| 3. Maria Eduarda Silva Gomes | 0:05:49 |

1.	36	00:01:58			
2.	63	00:01:01	00:02:59	6800m	0'09"/km
3.	42	00:12:04	00:15:03		
4.	43	00:01:06	00:16:09	7500m	0'09"/km
5.	37	00:00:24	00:16:33	3000m	0'08"/km
6.	47	00:00:43	00:17:16	6800m	0'06"/km
7.	52	00:00:33	00:17:49	6000m	0'06"/km
8.	55	00:01:12	00:19:01	9000m	0'08"/km
9.	36	00:01:12	00:20:13	6000m	0'12"/km
10.	63	00:01:13	00:21:26	6800m	0'11"/km
11.	999	00:00:44	00:22:10	4000m	0'11"/km

HELGA

Orienteering Software