



Regionale City O

MOL 4.5.2024

K.O.L.

Patrick BLEYEN

hamok

Strecke : H:03

Länge : 6310m

Zeit : 0:49:11 (7'48"/km)

10/14

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|---------------------------|---------|
| 1. Roel SMOLDERS | 0:33:52 |
| 2. Jorran VAN DER HEIJDEN | 0:37:35 |
| 3. Patrick KORSTJENS | 0:39:52 |

1.	175	00:03:44		215m	17'22"/km
2.	186	00:00:41	00:04:25	79m	8'39"/km
3.	187	00:00:43	00:05:08	83m	8'38"/km
4.	207	00:01:23	00:06:31	110m	12'35"/km
5.	188	00:01:03	00:07:34	133m	7'54"/km
6.	189	00:00:00	00:07:34	27m	0'00"/km
7.	222	00:02:47	00:10:21	195m	14'16"/km
8.	194	00:01:02	00:11:23	58m	17'49"/km
9.	221	00:01:34	00:12:57	207m	7'34"/km
10.	217	00:01:29	00:14:26	205m	7'14"/km
11.	196	00:01:49	00:16:15	210m	8'39"/km
12.	215	00:00:38	00:16:53	64m	9'54"/km
13.	190	00:02:49	00:19:42	307m	9'10"/km
14.	191	00:01:12	00:20:54	89m	13'29"/km
15.	212	00:04:13	00:25:07	466m	9'03"/km
16.	202	00:02:56	00:28:03	241m	12'10"/km
17.	224	00:02:51	00:30:54	235m	12'08"/km
18.	225	00:02:06	00:33:00	251m	8'22"/km
19.	237	00:01:21	00:34:21	68m	19'51"/km
20.	223	00:01:42	00:36:03	144m	11'48"/km
21.	203	00:00:57	00:37:00	146m	6'30"/km
22.	204	00:00:00	00:37:00	24m	0'00"/km
23.	179	00:03:07	00:40:07	214m	14'34"/km
24.	176	00:00:59	00:41:06	68m	14'28"/km
25.	177	00:00:28	00:41:34	47m	9'56"/km
26.	178	00:01:12	00:42:46	96m	12'30"/km
27.	236	00:04:30	00:47:16	248m	18'09"/km
28.	181	00:01:01	00:48:17	43m	23'39"/km
29.	171	00:00:24	00:48:41	33m	12'07"/km
30.	999	00:00:30	00:49:11	75m	6'40"/km