



Regionale City O

MOL 4.5.2024

K.O.L.

Stan MAES

K.O.L.

Omloop : H:02

Afstand : 7670m

Tijd : 0:45:59 (6'00"/km)

7/15

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Torben AERDEN | 0:37:34 |
| 2. Jo LINTEN | 0:39:05 |
| 3. Tom BEYENS | 0:43:20 |

1.	211	00:00:59		130m	7'34"/km
2.	185	00:00:56	00:01:55	148m	6'18"/km
3.	186	00:00:54	00:02:49	119m	7'34"/km
4.	187	00:00:34	00:03:23	83m	6'50"/km
5.	207	00:01:08	00:04:31	110m	10'18"/km
6.	188	00:00:49	00:05:20	133m	6'08"/km
7.	189	00:00:10	00:05:30	27m	6'10"/km
8.	215	00:02:10	00:07:40	421m	5'09"/km
9.	216	00:01:32	00:09:12	197m	7'47"/km
10.	217	00:01:07	00:10:19	143m	7'49"/km
11.	191	00:00:46	00:11:05	102m	7'31"/km
12.	192	00:01:09	00:12:14	130m	8'51"/km
13.	218	00:00:51	00:13:05	65m	13'05"/km
14.	190	00:02:07	00:15:12	208m	10'11"/km
15.	213	00:02:12	00:17:24	266m	8'16"/km
16.	219	00:00:26	00:17:50	79m	5'29"/km
17.	195	00:02:44	00:20:34	403m	6'47"/km
18.	196	00:01:29	00:22:03	110m	13'29"/km
19.	202	00:04:48	00:26:51	517m	9'17"/km
20.	224	00:02:15	00:29:06	235m	9'34"/km
21.	197	00:00:46	00:29:52	139m	5'31"/km
22.	223	00:01:15	00:31:07	174m	7'11"/km
23.	209	00:00:36	00:31:43	87m	6'54"/km
24.	199	00:00:27	00:32:10	33m	13'38"/km
25.	237	00:01:29	00:33:39	163m	9'06"/km
26.	201	00:02:40	00:36:19	162m	16'28"/km
27.	203	00:00:56	00:37:15	129m	7'14"/km
28.	204	00:00:00	00:37:15	24m	0'00"/km
29.	180	00:01:47	00:39:02	143m	12'28"/km
30.	233	00:02:08	00:41:10	193m	11'03"/km
31.	234	00:00:48	00:41:58	95m	8'25"/km
32.	174	00:01:38	00:43:36	173m	9'26"/km
33.	172	00:01:12	00:44:48	146m	8'13"/km
34.	171	00:00:51	00:45:39	99m	8'35"/km
35.	999	00:00:20	00:45:59	75m	4'27"/km