



Regionale City O

MOL 4.5.2024

K.O.L.

Torben AERDEN

K.O.L.

Omloop : H:02

Afstand : 7670m

Tijd : 0:37:34 (4'54"/km)

1/15

O.K.

[Volledige uitslagen op Webres](#)

2. Jo LINTEN

0:39:05

3. Tom BEYENS

0:43:20

1.	211	00:01:08		130m	8'43"/km
2.	185	00:00:46	00:01:54	148m	5'11"/km
3.	186	00:00:55	00:02:49	119m	7'42"/km
4.	187	00:00:33	00:03:22	83m	6'38"/km
5.	207	00:01:01	00:04:23	110m	9'15"/km
6.	188	00:00:41	00:05:04	133m	5'08"/km
7.	189	00:00:00	00:05:04	27m	0'00"/km
8.	215	00:02:10	00:07:14	421m	5'09"/km
9.	216	00:01:07	00:08:21	197m	5'40"/km
10.	217	00:00:53	00:09:14	143m	6'11"/km
11.	191	00:00:42	00:09:56	102m	6'52"/km
12.	192	00:00:54	00:10:50	130m	6'55"/km
13.	218	00:00:46	00:11:36	65m	11'48"/km
14.	190	00:01:42	00:13:18	208m	8'10"/km
15.	213	00:01:28	00:14:46	266m	5'31"/km
16.	219	00:00:26	00:15:12	79m	5'29"/km
17.	195	00:02:13	00:17:25	403m	5'30"/km
18.	196	00:01:29	00:18:54	110m	13'29"/km
19.	202	00:03:27	00:22:21	517m	6'40"/km
20.	224	00:01:40	00:24:01	235m	7'06"/km
21.	197	00:00:58	00:24:59	139m	6'57"/km
22.	223	00:01:04	00:26:03	174m	6'08"/km
23.	209	00:00:31	00:26:34	87m	5'56"/km
24.	199	00:00:23	00:26:57	33m	11'37"/km
25.	237	00:00:59	00:27:56	163m	6'02"/km
26.	201	00:02:18	00:30:14	162m	14'12"/km
27.	203	00:00:49	00:31:03	129m	6'20"/km
28.	204	00:00:00	00:31:03	24m	0'00"/km
29.	180	00:01:28	00:32:31	143m	10'15"/km
30.	233	00:01:10	00:33:41	193m	6'03"/km
31.	234	00:00:40	00:34:21	95m	7'01"/km
32.	174	00:01:19	00:35:40	173m	7'37"/km
33.	172	00:01:00	00:36:40	146m	6'51"/km
34.	171	00:00:35	00:37:15	99m	5'54"/km
35.	999	00:00:19	00:37:34	75m	4'13"/km