



Regionale City O

MOL 4.5.2024

K.O.L.

Lennert LENS

hamok

Omloop : H:01

Afstand : 9070m

Tijd : 0:39:43 (4'23"/km)

4/19

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:37:20 |
| 2. Martijn HUS | 0:37:25 |
| 3. Wouter HUS | 0:38:11 |

1.	185	00:01:21		163m	8'17"/km
2.	175	00:00:47	00:02:08	169m	4'38"/km
3.	187	00:00:55	00:03:03	157m	5'50"/km
4.	207	00:00:52	00:03:55	110m	7'53"/km
5.	206	00:00:43	00:04:38	109m	6'34"/km
6.	208	00:00:21	00:04:59	59m	5'56"/km
7.	188	00:00:46	00:05:45	87m	8'49"/km
8.	189	00:00:00	00:05:45	27m	0'00"/km
9.	215	00:01:54	00:07:39	421m	4'31"/km
10.	221	00:01:38	00:09:17	298m	5'29"/km
11.	217	00:00:56	00:10:13	205m	4'33"/km
12.	191	00:00:33	00:10:46	102m	5'24"/km
13.	192	00:00:56	00:11:42	130m	7'11"/km
14.	216	00:00:44	00:12:26	143m	5'08"/km
15.	214	00:01:34	00:14:00	254m	6'10"/km
16.	213	00:01:30	00:15:30	308m	4'52"/km
17.	193	00:00:40	00:16:10	114m	5'51"/km
18.	222	00:02:06	00:18:16	383m	5'29"/km
19.	194	00:00:45	00:19:01	58m	12'56"/km
20.	195	00:01:38	00:20:39	270m	6'03"/km
21.	224	00:04:08	00:24:47	760m	5'26"/km
22.	201	00:01:38	00:26:25	146m	11'11"/km
23.	202	00:00:45	00:27:10	125m	6'00"/km
24.	198	00:01:15	00:28:25	110m	11'22"/km
25.	209	00:01:00	00:29:25	208m	4'48"/km
26.	199	00:00:20	00:29:45	33m	10'06"/km
27.	225	00:01:05	00:30:50	199m	5'27"/km
28.	237	00:00:48	00:31:38	68m	11'46"/km
29.	223	00:00:59	00:32:37	144m	6'50"/km
30.	203	00:00:40	00:33:17	146m	4'34"/km
31.	204	00:00:00	00:33:17	24m	0'00"/km
32.	182	00:01:07	00:34:24	234m	4'46"/km
33.	183	00:00:47	00:35:11	152m	5'09"/km
34.	179	00:00:34	00:35:45	120m	4'43"/km
35.	176	00:00:24	00:36:09	68m	5'53"/km
36.	177	00:00:16	00:36:25	47m	5'40"/km



37.	178	00:00:28	00:36:53	96m	4'52"/km
38.	172	00:01:50	00:38:43	277m	6'37"/km
39.	171	00:00:39	00:39:22	99m	6'34"/km
40.	999	00:00:21	00:39:43	75m	4'40"/km

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