



VK Sprint

Houthalen 21.4.2024

K.O.L.

Lennert LENS

hamok

Omloop : H. Open

Afstand : 4330m

Tijd : 0:20:27 (4'43"/km)

8/20

O.K.

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- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:15:44 |
| 2. Warre DE CUYPER | 0:16:50 |
| 3. Martijn HUS | 0:18:11 |

1.	103	00:01:05		117m	9'16"/km
2.	104	00:00:18	00:01:23	43m	6'59"/km
3.	107	00:00:51	00:02:14	163m	5'13"/km
4.	149	00:01:00	00:03:14	154m	6'30"/km
5.	151	00:00:52	00:04:06		
6.	110	00:00:08	00:04:14		
7.	112	00:00:53	00:05:07	114m	7'45"/km
8.	113	00:00:10	00:05:17	36m	4'38"/km
9.	114	00:01:24	00:06:41	228m	6'08"/km
10.	115	00:00:27	00:07:08	95m	4'44"/km
11.	116	00:00:35	00:07:43	103m	5'40"/km
12.	121	00:01:19	00:09:02	193m	6'49"/km
13.	126	00:00:56	00:09:58	145m	6'26"/km
14.	120	00:00:41	00:10:39	140m	4'53"/km
15.	119	00:00:15	00:10:54	54m	4'38"/km
16.	123	00:00:52	00:11:46	151m	5'44"/km
17.	127	00:01:21	00:13:07	292m	4'37"/km
18.	129	00:00:24	00:13:31	35m	11'26"/km
19.	130	00:00:45	00:14:16	154m	4'52"/km
20.	137	00:02:07	00:16:23	310m	6'50"/km
21.	142	00:00:28	00:16:51		
22.	141	00:00:07	00:16:58		
23.	143	00:00:19	00:17:17	45m	7'02"/km
24.	145	00:00:21	00:17:38	46m	7'37"/km
25.	132	00:00:55	00:18:33	159m	5'46"/km
26.	133	00:00:33	00:19:06	118m	4'40"/km
27.	146	00:00:41	00:19:47	96m	7'07"/km
28.	200	00:00:16	00:20:03	47m	5'40"/km
29.	999	00:00:24	00:20:27	141m	2'50"/km

Orienteering Software