



VK Sprint

Houthalen 21.4.2024

K.O.L.

Lies PROVOOST

Omega

Omloop : D. Masters A

Afstand : 2890m

Tijd : 0:22:28 (7'46"/km)

9/14

O.K.

[Volledige uitslagen op Webres](#)

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|---------------------|---------|
| 1. Aline HERMANS | 0:16:22 |
| 2. Ellen MOLS | 0:18:41 |
| 3. Lieke VAN OPSTAL | 0:18:44 |

1.	105	00:01:44		165m	10'30"/km
2.	106	00:00:37	00:02:21	57m	10'49"/km
3.	149	00:01:44	00:04:05	207m	8'22"/km
4.	110	00:01:25	00:05:30	179m	7'55"/km
5.	112	00:01:20	00:06:50	114m	11'42"/km
6.	122	00:01:11	00:08:01	151m	7'50"/km
7.	125	00:00:58	00:08:59	101m	9'34"/km
8.	127	00:01:34	00:10:33	195m	8'02"/km
9.	128	00:00:19	00:10:52	27m	11'44"/km
10.	130	00:01:33	00:12:25	176m	8'48"/km
11.	131	00:00:52	00:13:17	110m	7'53"/km
12.	137	00:02:12	00:15:29	213m	10'20"/km
13.	138	00:00:17	00:15:46	30m	9'27"/km
14.	141	00:01:11	00:16:57	109m	10'51"/km
15.	143	00:00:34	00:17:31	45m	12'36"/km
16.	144	00:00:30	00:18:01	29m	17'14"/km
17.	133	00:01:22	00:19:23	125m	10'56"/km
18.	146	00:01:57	00:21:20	96m	20'19"/km
19.	200	00:00:27	00:21:47	47m	9'34"/km
20.	999	00:00:41	00:22:28	141m	4'51"/km

Orienteering Software