



**OCA 2024 - PERCURSO LONGO**  
**Cachoeira Paulista INPE 10.4.2024**  
**CDA**

**Al Naiara**

PRAT/AMARELO

Percurso : D MILITAR

Distancia : 6000m (Desnivel 130m)

Tempo : 1:10:16 (11'43"/km)

**6/20**

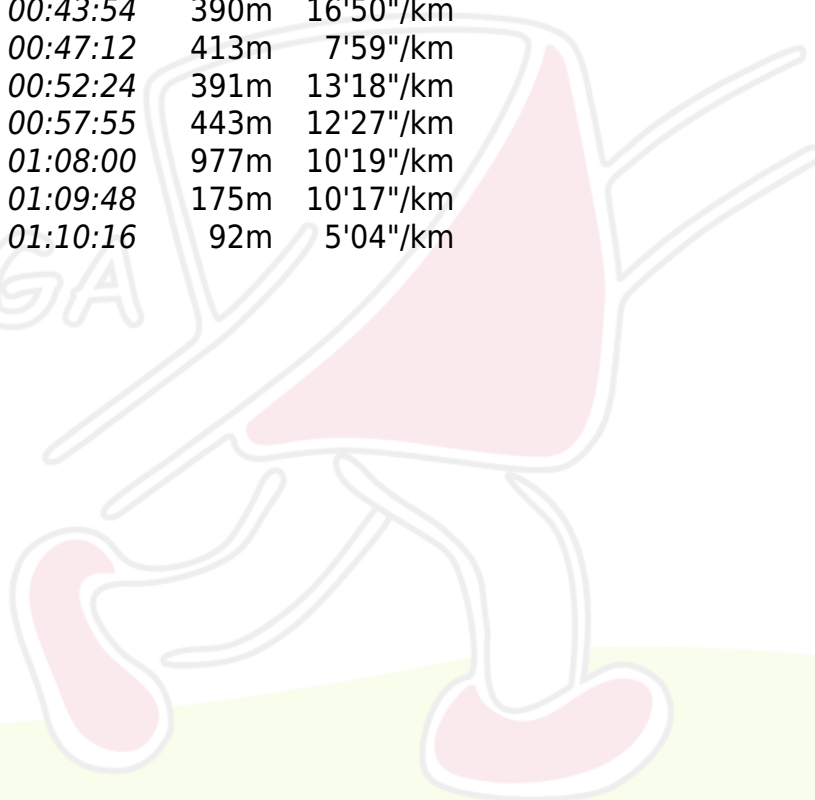
O.K.

[Resultados completos em Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Al Karina       | 0:58:56 |
| 2. Al Nataliê      | 1:03:34 |
| 3. Al Yasmin Sousa | 1:04:44 |

1.	114	00:02:51		173m	16'28"/km
2.	115	00:04:13	00:07:04	532m	7'56"/km
3.	116	00:06:08	00:13:12	385m	15'56"/km
4.	121	00:09:48	00:23:00	792m	12'22"/km
5.	110	00:04:29	00:27:29	365m	12'17"/km
6.	126	00:05:53	00:33:22	563m	10'27"/km
7.	132	00:03:58	00:37:20	340m	11'40"/km
8.	110	00:06:34	00:43:54	390m	16'50"/km
9.	119	00:03:18	00:47:12	413m	7'59"/km
10.	122	00:05:12	00:52:24	391m	13'18"/km
11.	110	00:05:31	00:57:55	443m	12'27"/km
12.	123	00:10:05	01:08:00	977m	10'19"/km
13.	113	00:01:48	01:09:48	175m	10'17"/km
14.	999	00:00:28	01:10:16	92m	5'04"/km

HELGA



Orienteering Software