

# AOS Merksem

## Merksem 4.4.2024

### Antwerp Orienteers

**Sam PORTEMAN**

Antwerp Orienteers

Omloop : D:Lang

Afstand : 5000m

Tijd : 0:30:36 (6'07"/km)

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O.K.

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- |                     |         |
|---------------------|---------|
| 1. Isabeau LENAERTS | 0:27:22 |
| 2. Claudia ROOMAN   | 0:27:30 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 34  | 00:01:46 |          | 229m | 7'43"/km   |
| 2.  | 35  | 00:00:00 | 00:01:46 | 80m  | 0'00"/km   |
| 3.  | 36  | 00:01:40 | 00:03:26 | 119m | 14'00"/km  |
| 4.  | 99  | 01:00:55 | 01:04:21 | 80m  | 761'27"/km |
| 5.  | 41  | 00:00:00 | 01:04:21 | 375m | 0'00"/km   |
| 6.  | 42  | 00:00:57 | 01:05:18 | 143m | 6'39"/km   |
| 7.  | 43  | 00:03:23 | 01:08:41 | 281m | 12'02"/km  |
| 8.  | 46  | 00:01:06 | 01:09:47 | 132m | 8'20"/km   |
| 9.  | 45  | 00:00:14 | 01:10:01 | 34m  | 6'52"/km   |
| 10. | 44  | 00:00:06 | 01:10:07 | 46m  | 2'10"/km   |
| 11. | 47  | 00:01:09 | 01:11:16 | 90m  | 12'47"/km  |
| 12. | 48  | 00:01:46 | 01:13:02 | 162m | 10'54"/km  |
| 13. | 51  | 00:01:01 | 01:14:03 | 243m | 4'11"/km   |
| 14. | 50  | 00:01:07 | 01:15:10 | 108m | 10'20"/km  |
| 15. | 49  | 00:00:53 | 01:16:03 | 126m | 7'01"/km   |
| 16. | 40  | 00:03:01 | 01:19:04 | 276m | 10'56"/km  |
| 17. | 32  | 00:05:46 | 01:24:50 | 702m | 8'13"/km   |
| 18. | 33  | 00:00:49 | 01:25:39 | 116m | 7'02"/km   |
| 19. | 31  | 00:01:36 | 01:27:15 | 144m | 11'07"/km  |
| 20. | 37  | 00:00:42 | 01:27:57 | 112m | 6'15"/km   |
| 21. | 999 | 00:00:21 | 01:28:18 | 33m  | 10'36"/km  |

Orienteering Software