



Training Plattscheid
Worriken 30.3.2024
OLV Eifel

Werner HOFFMANN

O.L.G. St. Vith ARDOC

Course : H:Schwarz kurz

Distance : 3800m

Time : 0:38:57 (10'15"/km)

2/6

O.K.

[Full result on Webres](#)

1. Karl SCHWALL

0:38:38

3. Nico KOHNEN

0:51:03

1.	229	00:01:18		166m	7'50"/km
2.	226	00:03:45	00:05:03	279m	13'26"/km
3.	103	00:02:08	00:07:11	195m	10'56"/km
4.	222	00:02:37	00:09:48	344m	7'36"/km
5.	106	00:01:29	00:11:17	97m	15'18"/km
6.	225	00:02:32	00:13:49	322m	7'52"/km
7.	107	00:05:22	00:19:11	636m	8'26"/km
8.	104	00:01:32	00:20:43	139m	11'02"/km
9.	227	00:03:00	00:23:43	376m	7'59"/km
10.	108	00:01:46	00:25:29	124m	14'15"/km
11.	232	00:03:01	00:28:30	217m	13'54"/km
12.	230	00:01:47	00:30:17	192m	9'17"/km
13.	110	00:01:51	00:32:08	186m	9'57"/km
14.	111	00:02:53	00:35:01	179m	16'06"/km
15.	224	00:01:37	00:36:38	115m	14'03"/km
16.	105	00:01:37	00:38:15	174m	9'17"/km
17.	120	00:00:42	00:38:57	107m	6'33"/km

Orienteering Software