



Training Plattscheid Worriken 30.3.2024 OLV Eifel

Alain GENTEN

OLV Eifel

Course : H:Schwarz lang

Distance : 6800m

Time : 1:01:08 (8'59"/km)

8/9

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Thorsten LANGER | 0:41:35 |
| 2. François HANZEN | 0:48:33 |
| 3. Jérémy BREDO | 0:49:09 |

1.	105	00:01:26		121m	11'51"/km
2.	110	00:03:53	00:05:19	392m	9'54"/km
3.	230	00:01:14	00:06:33	186m	6'38"/km
4.	232	00:02:18	00:08:51	192m	11'59"/km
5.	107	00:03:39	00:12:30	428m	8'32"/km
6.	229	00:04:42	00:17:12	445m	10'34"/km
7.	225	00:01:57	00:19:09	227m	8'35"/km
8.	226	00:02:58	00:22:07	324m	9'09"/km
9.	113	00:01:57	00:24:04	210m	9'17"/km
10.	222	00:02:09	00:26:13	272m	7'54"/km
11.	106	00:01:26	00:27:39	97m	14'47"/km
12.	224	00:10:31	00:38:10	957m	10'59"/km
13.	227	00:03:31	00:41:41	540m	6'31"/km
14.	108	00:01:31	00:43:12	124m	12'14"/km
15.	228	00:04:39	00:47:51	608m	7'39"/km
16.	109	00:02:36	00:50:27	136m	19'07"/km
17.	112	00:04:55	00:55:22	544m	9'02"/km
18.	231	00:02:48	00:58:10	440m	6'22"/km
19.	120	00:02:58	01:01:08	430m	6'54"/km

Orienteering Software