



HTR - TRAIL RUN - ETAPA 1

AREZ - RN 23.3.2024

HTR - TRAIL RUN

**Roseane Cristina Maia Da Silva
Miranda**

CARCARÁ RUNNERS

Percurso : SOLO RACE FEMININO 40-49

Distancia : 14350m (Desnivel 226m)

Tempo : 2:06:44,886 (8'50"/km)

2/4

O.K.

[Resultados completos em Webres](#)

1. Sara Sousa	2:01:43,632
3. Debora Fideles	2:19:17,886

1.	70	00:00:12		1m	200'00"/km
2.	71	00:44:05	00:44:17	5100m	8'39"/km
3.	72	00:50:54	01:35:11	5700m	8'56"/km
4.	73	00:07:50	01:43:01	560m	13'59"/km
5.	74	00:08:32	01:51:33	945m	9'02"/km
6.	999	00:15:11	02:06:44	2000m	7'36"/km

HELGA



Orienteering Software