



HTR - TRAIL RUN - ETAPA 1

AREZ - RN 23.3.2024

HTR - TRAIL RUN

Paulo Sidney Leite De Oliveira

HTR

Percurso : SOLO FAST MASCULINO 60+

Distancia : 6350m (Desnivel 100m)

Tempo : 0:48:41,933 (7'40"/km)

1/3

O.K.

[Resultados completos em Webres](#)

2. Ademilton Gomes	0:51:32,355
3. Edson Silva	1:01:06,105

1.	70	00:00:12		1m	200'00"/km
2.	72	00:23:00	00:23:12	2840m	8'06"/km
3.	73	00:05:45	00:28:57	560m	10'16"/km
4.	74	00:06:49	00:35:46	945m	7'13"/km
5.	999	00:12:55	00:48:41	2000m	6'27"/km

