



HTR - TRAIL RUN - ETAPA 1

AREZ - RN 23.3.2024

HTR - TRAIL RUN

Raissa Medeiros

RP TREINAMENTO

Percurso : SOLO FAST FEMININO

Distancia : 6350m (Desnivel 100m)

Tempo : 0:42:10,257 (6'38"/km)

1/28

O.K.

[Resultados completos em Webres](#)

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|----|-----------------------------------|-------------|
| 2. | Ana Duarte | 0:42:35,984 |
| 3. | Luiza Gabriela Galvão De Medeiros | 0:43:25,410 |

1.	70	00:00:10		1m	166'40"/km
2.	72	00:19:07	00:19:17	2840m	6'44"/km
3.	73	00:05:16	00:24:33	560m	9'24"/km
4.	74	00:06:26	00:30:59	945m	6'48"/km
5.	999	00:11:11	00:42:10	2000m	5'36"/km

