



Iniciação, Treino e Curva de Nível

Almirante Tamandaré 17.3.2024

Clube de Orientação de Curitiba

Lara Maroelen Alves

Convidado

Course : D Adulto N

Distance : 3300m (Climbing 60m)

Time : 1:07:33 (20'28"/km)

6/8

O.K.

[Full result on Webres](#)

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|-----------------------------|---------|
| 1. Veronica Megumi Kosaka | 0:48:43 |
| 2. Luiza Nazari De Oliveira | 0:49:32 |
| 3. Vanessa Da Silva Barros | 0:53:56 |

1.	70	00:03:10		133m	23'49"/km
2.	72	00:01:41	00:04:51	190m	8'52"/km
3.	71	00:14:03	00:18:54	487m	28'51"/km
4.	75	00:01:56	00:20:50	155m	12'28"/km
5.	80	00:04:46	00:25:36	173m	27'33"/km
6.	113	00:04:11	00:29:47	134m	31'13"/km
7.	114	00:05:03	00:34:50	261m	19'21"/km
8.	108	00:07:55	00:42:45	390m	20'18"/km
9.	101	00:07:18	00:50:03	228m	32'01"/km
10.	103	00:06:21	00:56:24	200m	31'45"/km
11.	100	00:02:46	00:59:10	248m	11'09"/km
12.	94	00:02:08	01:01:18	211m	10'07"/km
13.	91	00:05:01	01:06:19	135m	37'10"/km
14.	90	00:00:54	01:07:13	106m	8'29"/km
15.	999	00:00:20	01:07:33	51m	6'32"/km

Orienteering Software