



Iniciação, Treino e Curva de Nível

Almirante Tamandaré 17.3.2024

Clube de Orientação de Curitiba

Elismara Bernardo Correa

Convidado

Course : D Adulto N

Distance : 3300m (Climbing 60m)

Time : 0:56:16 (17'03"/km)

4/8

O.K.

[Full result on Webres](#)

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|-----------------------------|---------|
| 1. Veronica Megumi Kosaka | 0:48:43 |
| 2. Luiza Nazari De Oliveira | 0:49:32 |
| 3. Vanessa Da Silva Barros | 0:53:56 |

1.	70	00:05:13		133m	39'13"/km
2.	72	00:01:41	00:06:54	190m	8'52"/km
3.	71	00:03:43	00:10:37	487m	7'38"/km
4.	75	00:02:30	00:13:07	155m	16'08"/km
5.	80	00:02:15	00:15:22	173m	13'00"/km
6.	113	00:04:17	00:19:39	134m	31'58"/km
7.	114	00:03:10	00:22:49	261m	12'08"/km
8.	108	00:05:36	00:28:25	390m	14'22"/km
9.	101	00:06:49	00:35:14	228m	29'54"/km
10.	103	00:04:25	00:39:39	200m	22'05"/km
11.	100	00:04:33	00:44:12	248m	18'21"/km
12.	94	00:03:29	00:47:41	211m	16'31"/km
13.	91	00:07:08	00:54:49	135m	52'50"/km
14.	90	00:01:11	00:56:00	106m	11'10"/km
15.	999	00:00:16	00:56:16	51m	5'14"/km

Orienteering Software