

Nationale Moyenne Distance

Weris 17.3.2024

Hermathenae

Natascha SPATHMANN

K.O.L.

Circuit : D40

Distance : 4070m (Dénivelé 120m)

Temps : 1:06:42 (16'23"/km)

8/9

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Aline HERMANS | 0:36:55 |
| 2. Caroline BLOCKX | 0:43:29 |
| 3. Lieke VAN OPSTAL | 0:45:25 |

1.	99	00:02:59		250m	11'56"/km
2.	96	00:02:31	00:05:30	329m	7'39"/km
3.	114	00:03:13	00:08:43	193m	16'40"/km
4.	117	00:10:22	00:19:05	538m	19'16"/km
5.	133	00:11:06	00:30:11	572m	19'24"/km
6.	120	00:03:24	00:33:35	145m	23'27"/km
7.	131	00:01:15	00:34:50	57m	21'56"/km
8.	113	00:02:17	00:37:07	129m	17'42"/km
9.	141	00:08:14	00:45:21	266m	30'57"/km
10.	135	00:08:18	00:53:39	355m	23'23"/km
11.	95	00:04:22	00:58:01	438m	9'58"/km
12.	101	00:01:19	00:59:20	115m	11'27"/km
13.	127	00:02:29	01:01:49	124m	20'02"/km
14.	75	00:02:01	01:03:50	106m	19'02"/km
15.	129	00:02:08	01:05:58	231m	9'14"/km
16.	999	00:00:44	01:06:42	151m	4'51"/km

Orienteering Software