

Nationale Moyenne Distance

Weris 17.3.2024

Hermathenae

Lieke VAN OPSTAL

K.O.L.

Circuit : D40

Distance : 4070m (Dénivelé 120m)

Temps : 0:45:25 (11'10"/km)

3/9

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Aline HERMANS | 0:36:55 |
| 2. Caroline BLOCKX | 0:43:29 |

1.	99	00:01:52		250m	7'28"/km
2.	96	00:02:12	00:04:04	329m	6'41"/km
3.	114	00:02:01	00:06:05	193m	10'27"/km
4.	117	00:07:46	00:13:51	538m	14'26"/km
5.	133	00:08:17	00:22:08	572m	14'29"/km
6.	120	00:02:06	00:24:14	145m	14'29"/km
7.	131	00:01:43	00:25:57	57m	30'07"/km
8.	113	00:02:14	00:28:11	129m	17'19"/km
9.	141	00:02:55	00:31:06	266m	10'58"/km
10.	135	00:03:40	00:34:46	355m	10'20"/km
11.	95	00:04:10	00:38:56	438m	9'31"/km
12.	101	00:01:25	00:40:21	115m	12'19"/km
13.	127	00:01:38	00:41:59	124m	13'10"/km
14.	75	00:00:52	00:42:51	106m	8'11"/km
15.	129	00:01:49	00:44:40	231m	7'52"/km
16.	999	00:00:45	00:45:25	151m	4'58"/km

Orienteering Software