



City O
LEOPOLDSBURG 6.6.2021
K.O.L.

Henrik LISBY

hamok

Omloop : H:02

Afstand : 5970m

Tijd : 0:56:15 (9'25"/km)

23/29

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------------|---------|
| 1. Guido LENGES | 0:38:41 |
| 2. Robert THEISS | 0:40:03 |
| 3. Siegfried BAKELANTS | 0:41:29 |

1.	167	00:01:31		162m	9'22"/km
2.	170	00:00:59	00:02:30	160m	6'09"/km
3.	143	00:01:02	00:03:32	161m	6'25"/km
4.	157	00:01:48	00:05:20	249m	7'14"/km
5.	110	00:00:42	00:06:02	69m	10'09"/km
6.	113	00:04:03	00:10:05	320m	12'39"/km
7.	112	00:01:41	00:11:46	152m	11'04"/km
8.	141	00:02:07	00:13:53	214m	9'53"/km
9.	115	00:01:01	00:14:54	94m	10'49"/km
10.	116	00:00:00	00:14:54	56m	0'00"/km
11.	137	00:04:30	00:19:24	560m	8'02"/km
12.	117	00:02:03	00:21:27	179m	11'27"/km
13.	160	00:00:42	00:22:09	100m	7'00"/km
14.	136	00:00:55	00:23:04	67m	13'41"/km
15.	147	00:01:07	00:24:11	137m	8'09"/km
16.	139	00:02:08	00:26:19	294m	7'15"/km
17.	158	00:01:51	00:28:10	190m	9'44"/km
18.	146	00:03:37	00:31:47	440m	8'13"/km
19.	145	00:01:07	00:32:54	109m	10'15"/km
20.	161	00:01:56	00:34:50	180m	10'44"/km
21.	123	00:00:00	00:34:50	45m	0'00"/km
22.	124	00:03:09	00:37:59	309m	10'12"/km
23.	148	00:04:59	00:42:58	359m	13'53"/km
24.	126	00:03:02	00:46:00	242m	12'32"/km
25.	127	00:00:55	00:46:55	110m	8'20"/km
26.	149	00:04:21	00:51:16	454m	9'35"/km
27.	129	00:00:36	00:51:52	56m	10'43"/km
28.	131	00:02:44	00:54:36	278m	9'50"/km
29.	132	00:00:22	00:54:58	50m	7'20"/km
30.	130	00:00:36	00:55:34	66m	9'05"/km
31.	133	00:00:22	00:55:56	50m	7'20"/km
32.	999	00:00:19	00:56:15	61m	5'11"/km