



City O
LEOPOLDSBURG 6.6.2021
K.O.L.

Tino NIJST

Omega

Course : H:02

Distance : 5970m

Time : 0:47:09 (7'54"/km)

10/29

O.K.

[Full result on Webres](#)

1. Guido LENGES	0:38:41
2. Robert THEISS	0:40:03
3. Siegfried BAKELANTS	0:41:29

1.	167	00:01:02		162m	6'23"/km
2.	170	00:00:59	00:02:01	160m	6'09"/km
3.	143	00:01:03	00:03:04	161m	6'31"/km
4.	157	00:01:38	00:04:42	249m	6'34"/km
5.	110	00:00:35	00:05:17	69m	8'27"/km
6.	113	00:02:33	00:07:50	320m	7'58"/km
7.	112	00:01:13	00:09:03	152m	8'00"/km
8.	141	00:02:09	00:11:12	214m	10'03"/km
9.	115	00:00:44	00:11:56	94m	7'48"/km
10.	116	00:00:00	00:11:56	56m	0'00"/km
11.	137	00:03:57	00:15:53	560m	7'03"/km
12.	117	00:01:56	00:17:49	179m	10'48"/km
13.	160	00:00:36	00:18:25	100m	6'00"/km
14.	136	00:00:47	00:19:12	67m	11'41"/km
15.	147	00:00:56	00:20:08	137m	6'49"/km
16.	139	00:01:50	00:21:58	294m	6'14"/km
17.	158	00:01:31	00:23:29	190m	7'59"/km
18.	146	00:03:12	00:26:41	440m	7'16"/km
19.	145	00:00:54	00:27:35	109m	8'15"/km
20.	161	00:02:15	00:29:50	180m	12'30"/km
21.	123	00:00:00	00:29:50	45m	0'00"/km
22.	124	00:02:46	00:32:36	309m	8'57"/km
23.	148	00:03:24	00:36:00	359m	9'28"/km
24.	126	00:02:49	00:38:49	242m	11'38"/km
25.	127	00:00:46	00:39:35	110m	6'58"/km
26.	149	00:03:21	00:42:56	454m	7'23"/km
27.	129	00:00:31	00:43:27	56m	9'14"/km
28.	131	00:02:24	00:45:51	278m	8'38"/km
29.	132	00:00:18	00:46:09	50m	6'00"/km
30.	130	00:00:25	00:46:34	66m	6'19"/km
31.	133	00:00:17	00:46:51	50m	5'40"/km
32.	999	00:00:18	00:47:09	61m	4'55"/km