



PROJECT TRAIL RUN
CABO DE STO AGOSTINHO - PE 9.3.2024
PROJECT TRAIL RUN

Luciana Verissimo Avila

PROJECT TRAIL RUN

Course : HALF - 26K - FEMININO 40-49 ANOS

Distance : 24200m (Climbing 496m)

Time : 4:10:13,171 (10'20"/km)

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O.K.

[Full result on Webres](#)

1. Alessandra Cristina Wogeley Souza Da Silva 04:59,195

1.	70	00:32:43		4020m	8'08"/km	DIVISÃO 17 E 26K
2.	72	00:36:51	01:09:34	4320m	8'32"/km	RETORNO 26K
3.	71	01:30:13	02:39:47	7800m	11'34"/km	REENCONTRO 26 E 17K
4.	73	01:17:14	03:57:01	6250m	12'21"/km	FIM DA TRILHA NA MATA
5.	999	00:13:12	04:10:13	1380m	9'34"/km	CHEGADA

