



PERCUSO TREINO COESPCEX 09MAR24

ESPCEX 9.3.2024

Clube de Orientação da EsPCEx

Alu Raul

2ª Cia Alu

Course : N2

Distance : 3200m (Climbing 30m)

Time : 0:23:03 (7'12"/km)

2/19

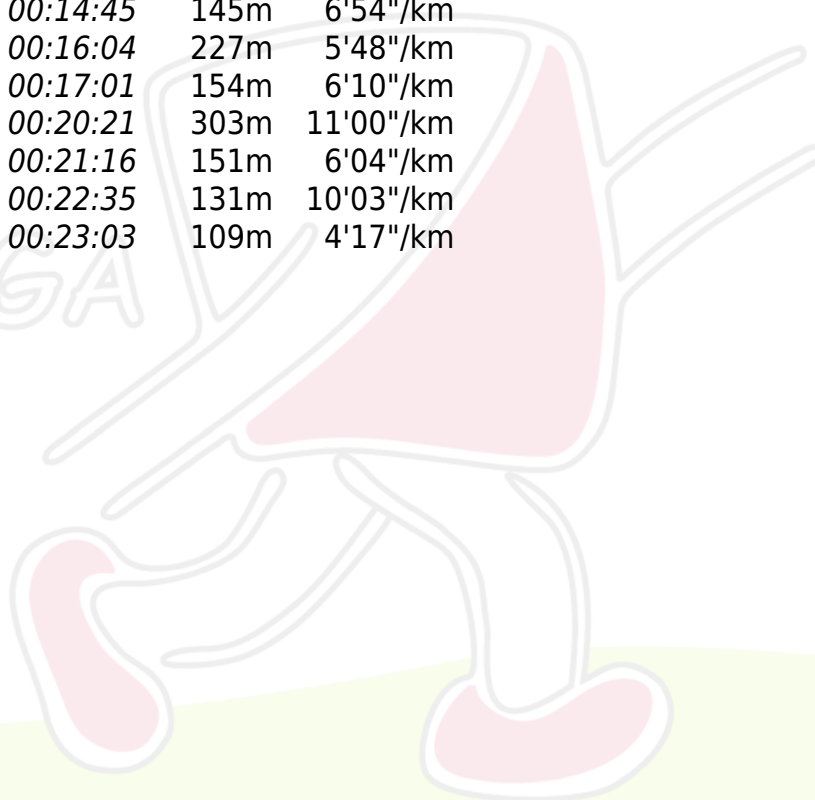
O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Alu Felipe Lima | 0:22:29 |
| 3. Alu Diniz | 0:23:23 |

1.	44	00:00:43		134m	5'21"/km
2.	42	00:03:33	00:04:16	505m	7'02"/km
3.	41	00:02:32	00:06:48	316m	8'01"/km
4.	40	00:02:29	00:09:17	296m	8'23"/km
5.	38	00:02:02	00:11:19	305m	6'40"/km
6.	37	00:01:10	00:12:29	151m	7'44"/km
7.	36	00:01:16	00:13:45	191m	6'38"/km
8.	58	00:01:00	00:14:45	145m	6'54"/km
9.	35	00:01:19	00:16:04	227m	5'48"/km
10.	47	00:00:57	00:17:01	154m	6'10"/km
11.	33	00:03:20	00:20:21	303m	11'00"/km
12.	48	00:00:55	00:21:16	151m	6'04"/km
13.	49	00:01:19	00:22:35	131m	10'03"/km
14.	999	00:00:28	00:23:03	109m	4'17"/km

HELGA



Orienteering Software