



PERCUSO TREINO COESPCEX 09MAR24

ESPCEX 9.3.2024

Clube de Orientação da EsPCEx

Alu Paulo Guilherme

1ª Cia Alu

Course : N1

Distance : 3100m (Climbing 30m)

Time : 0:23:14 (7'30"/km)

5/21

O.K.

[Full result on Webres](#)

1. Alu Bisinotto	0:18:30
2. Alu Maronés	0:20:11
3. Alu Paulo Alexandre	0:22:59

1.	31	00:00:42		97m	7'13"/km
2.	46	00:01:12	00:01:54	213m	5'38"/km
3.	47	00:00:46	00:02:40	123m	6'14"/km
4.	58	00:01:18	00:03:58	213m	6'06"/km
5.	35	00:01:20	00:05:18	227m	5'52"/km
6.	36	00:01:19	00:06:37	194m	6'47"/km
7.	37	00:01:23	00:08:00	191m	7'15"/km
8.	33	00:01:37	00:09:37	172m	9'24"/km
9.	48	00:01:09	00:10:46	151m	7'37"/km
10.	38	00:01:17	00:12:03	203m	6'19"/km
11.	40	00:02:20	00:14:23	305m	7'39"/km
12.	41	00:04:15	00:18:38	296m	14'21"/km
13.	42	00:02:27	00:21:05	316m	7'45"/km
14.	49	00:01:38	00:22:43	220m	7'25"/km
15.	999	00:00:31	00:23:14	109m	4'44"/km

Orienteering Software