

AOS Groen Kwartier

Berchem 7.3.2024

Antwerp Orienteers

Alex DE ROECK

Omega

Course : H:LANG

Distance : 4630m

Time : 0:24:47 (5'21"/km)

17/49

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:17:02 |
| 2. Warre DE CUYPER | 0:17:07 |
| 3. Ruben GRIETENS | 0:18:41 |

1.	32	00:01:19		200m	6'35"/km
2.	33	00:00:56	00:02:15	140m	6'40"/km
3.	46	00:00:35	00:02:50	93m	6'16"/km
4.	47	00:00:15	00:03:05	78m	3'12"/km
5.	39	00:02:17	00:05:22	218m	10'28"/km
6.	38	00:03:56	00:09:18	512m	7'41"/km
7.	40	00:01:49	00:11:07	296m	6'08"/km
8.	41	00:01:58	00:13:05	319m	6'10"/km
9.	42	00:00:08	00:13:13	63m	2'07"/km
10.	43	00:00:26	00:13:39	71m	6'06"/km
11.	44	00:04:15	00:17:54	719m	5'55"/km
12.	45	00:01:53	00:19:47	264m	7'08"/km
13.	36	00:00:20	00:20:07	47m	7'06"/km
14.	35	00:00:10	00:20:17	128m	1'18"/km
15.	48	00:01:24	00:21:41	131m	10'41"/km
16.	34	00:01:03	00:22:44	125m	8'24"/km
17.	49	00:00:16	00:23:00	66m	4'02"/km
18.	37	00:01:38	00:24:38	191m	8'33"/km
19.	31	00:00:11	00:24:49	47m	3'54"/km
20.	999	00:00:00	00:24:49	40m	0'00"/km

Orienteering Software