

AOS Groen Kwartier

Berchem 7.3.2024

Antwerp Orienteers

Stefan VAN REGENMORTEL

Antwerp Orienteers

Course : H:LANG

Distance : 4630m

Time : 0:23:04 (4'59"/km)

12/49

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:17:02 |
| 2. Warre DE CUYPER | 0:17:07 |
| 3. Ruben GRIETENS | 0:18:41 |

1.	32	00:01:10		200m	5'50"/km
2.	33	00:00:47	00:01:57	140m	5'36"/km
3.	46	00:00:37	00:02:34	93m	6'38"/km
4.	47	00:00:22	00:02:56	78m	4'42"/km
5.	39	00:01:34	00:04:30	218m	7'11"/km
6.	38	00:03:21	00:07:51	512m	6'33"/km
7.	40	00:01:40	00:09:31	296m	5'38"/km
8.	41	00:01:52	00:11:23	319m	5'51"/km
9.	42	00:00:10	00:11:33	63m	2'39"/km
10.	43	00:00:24	00:11:57	71m	5'38"/km
11.	44	00:03:55	00:15:52	719m	5'27"/km
12.	45	00:01:50	00:17:42	264m	6'57"/km
13.	36	00:00:22	00:18:04	47m	7'48"/km
14.	35	00:00:08	00:18:12	128m	1'03"/km
15.	48	00:01:47	00:19:59	131m	13'37"/km
16.	34	00:01:08	00:21:07	125m	9'04"/km
17.	49	00:00:13	00:21:20	66m	3'17"/km
18.	37	00:01:33	00:22:53	191m	8'07"/km
19.	31	00:00:11	00:23:04	47m	3'54"/km
20.	999	00:00:00	00:23:04	40m	0'00"/km

Orienteering Software