

AOS Groen Kwartier

Berchem 7.3.2024

Antwerp Orienteers

Sam PORTEMAN

Antwerp Orienteers

Course : D:LANG

Distance : 4630m

Time : 0:30:04 (6'30"/km)

7/28

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Claudia ROOMAN | 0:24:06 |
| 2. Isabeau LENAERTS | 0:27:07 |
| 3. Ingrid PIETERS | 0:27:41 |

1.	32	00:02:01		200m	10'05"/km
2.	33	00:00:53	00:02:54	140m	6'19"/km
3.	46	00:00:36	00:03:30	93m	6'27"/km
4.	47	00:00:19	00:03:49	78m	4'04"/km
5.	39	00:01:51	00:05:40	218m	8'29"/km
6.	38	00:04:03	00:09:43	512m	7'55"/km
7.	40	00:02:19	00:12:02	296m	7'50"/km
8.	41	00:02:48	00:14:50	319m	8'47"/km
9.	42	00:00:12	00:15:02	63m	3'10"/km
10.	43	00:00:31	00:15:33	71m	7'17"/km
11.	44	00:06:31	00:22:04	719m	9'04"/km
12.	45	00:02:16	00:24:20	264m	8'35"/km
13.	36	00:00:21	00:24:41	47m	7'27"/km
14.	35	00:00:13	00:24:54	128m	1'42"/km
15.	48	00:01:28	00:26:22	131m	11'12"/km
16.	34	00:01:18	00:27:40	125m	10'24"/km
17.	49	00:00:15	00:27:55	66m	3'47"/km
18.	37	00:01:55	00:29:50	191m	10'02"/km
19.	31	00:00:14	00:30:04	47m	4'58"/km
20.	999	00:00:00	00:30:04	40m	0'00"/km

Orienteering Software