



# Nationale Lang - SOFT

## ZWARTE WEG - LEOPOLDSBURG 3.3.2024

### K.O.L.

**Jan VAN DER ELST**

Omega

Omloop : H60

Afstand : 6090m

Tijd : 0:58:03 (9'32"/km)

**11/15**

O.K.

[Volledige uitslagen op Webres](#)

- |                         |         |
|-------------------------|---------|
| 1. Bart VAN DE MOORTELE | 0:42:26 |
| 2. Wiet LAENEN          | 0:45:54 |
| 3. Benoit SANDEVOIR     | 0:46:22 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 203 | 00:02:35 |          | 283m | 9'08"/km  |
| 2.  | 190 | 00:02:49 | 00:05:24 | 305m | 9'14"/km  |
| 3.  | 191 | 00:01:36 | 00:07:00 | 161m | 9'56"/km  |
| 4.  | 192 | 00:03:46 | 00:10:46 | 483m | 7'48"/km  |
| 5.  | 196 | 00:09:11 | 00:19:57 | 968m | 9'29"/km  |
| 6.  | 195 | 00:01:47 | 00:21:44 | 174m | 10'15"/km |
| 7.  | 173 | 00:03:18 | 00:25:02 | 347m | 9'31"/km  |
| 8.  | 227 | 00:03:07 | 00:28:09 | 334m | 9'20"/km  |
| 9.  | 237 | 00:00:36 | 00:28:45 | 99m  | 6'04"/km  |
| 10. | 167 | 00:05:23 | 00:34:08 | 614m | 8'46"/km  |
| 11. | 214 | 00:03:12 | 00:37:20 | 191m | 16'45"/km |
| 12. | 238 | 00:04:17 | 00:41:37 | 348m | 12'19"/km |
| 13. | 199 | 00:03:26 | 00:45:03 | 364m | 9'26"/km  |
| 14. | 233 | 00:01:57 | 00:47:00 | 262m | 7'27"/km  |
| 15. | 176 | 00:03:44 | 00:50:44 | 292m | 12'47"/km |
| 16. | 202 | 00:02:59 | 00:53:43 | 286m | 10'26"/km |
| 17. | 220 | 00:03:59 | 00:57:42 | 449m | 8'52"/km  |
| 18. | 999 | 00:00:21 | 00:58:03 | 128m | 2'44"/km  |

Orienteering Software