



**Nationale Lang - SOFT**  
**ZWARTE WEG - LEOPOLDSBURG 3.3.2024**  
**K.O.L.**

**Marie-Christine METTEN**

K.O.L.

Omloop : D65

Afstand : 3650m

Tijd : 1:04:03 (17'33"/km)

**5/6**

O.K.

[Volledige uitslagen op Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Els PUT         | 0:37:42 |
| 2. Simonne SILVI   | 0:51:29 |
| 3. Liset HENDRICKX | 0:54:36 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 236 | 00:03:28 |          | 131m | 26'28"/km |
| 2.  | 181 | 00:03:18 | 00:06:46 | 240m | 13'45"/km |
| 3.  | 172 | 00:02:57 | 00:09:43 | 284m | 10'23"/km |
| 4.  | 233 | 00:04:05 | 00:13:48 | 262m | 15'35"/km |
| 5.  | 208 | 00:02:05 | 00:15:53 | 142m | 14'40"/km |
| 6.  | 199 | 00:01:54 | 00:17:47 | 129m | 14'44"/km |
| 7.  | 198 | 00:03:34 | 00:21:21 | 185m | 19'17"/km |
| 8.  | 163 | 00:03:40 | 00:25:01 | 197m | 18'37"/km |
| 9.  | 238 | 00:01:02 | 00:26:03 | 73m  | 14'09"/km |
| 10. | 193 | 00:07:57 | 00:34:00 | 117m | 67'57"/km |
| 11. | 197 | 00:04:33 | 00:38:33 | 228m | 19'57"/km |
| 12. | 209 | 00:08:23 | 00:46:56 | 304m | 27'35"/km |
| 13. | 180 | 00:02:27 | 00:49:23 | 161m | 15'13"/km |
| 14. | 168 | 00:08:21 | 00:57:44 | 632m | 13'13"/km |
| 15. | 166 | 00:04:25 | 01:02:09 | 346m | 12'46"/km |
| 16. | 220 | 00:01:23 | 01:03:32 | 90m  | 15'22"/km |
| 17. | 999 | 00:00:31 | 01:04:03 | 128m | 4'02"/km  |

Orienteering Software