



# Nationale Lang - SOFT

## ZWARTE WEG - LEOPOLDSBURG 3.3.2024

### K.O.L.

**Hilde VERCAEREN**

K.O.L.

Omloop : D60

Afstand : 4550m

Tijd : 1:17:57 (17'08"/km)

**5/6**

O.K.

[Volledige uitslagen op Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Leen WOUTERS   | 0:57:49 |
| 2. Sonja NIJS     | 1:11:10 |
| 3. Chantal GILLES | 1:13:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 166 | 00:05:53 |          | 238m | 24'43"/km |
| 2.  | 211 | 00:02:36 | 00:08:29 | 158m | 16'27"/km |
| 3.  | 151 | 00:05:30 | 00:13:59 | 362m | 15'12"/km |
| 4.  | 210 | 00:01:57 | 00:15:56 | 126m | 15'29"/km |
| 5.  | 232 | 00:03:40 | 00:19:36 | 208m | 17'38"/km |
| 6.  | 199 | 00:05:49 | 00:25:25 | 287m | 20'16"/km |
| 7.  | 198 | 00:03:20 | 00:28:45 | 185m | 18'01"/km |
| 8.  | 163 | 00:03:37 | 00:32:22 | 197m | 18'22"/km |
| 9.  | 213 | 00:02:23 | 00:34:45 | 150m | 15'53"/km |
| 10. | 212 | 00:04:02 | 00:38:47 | 151m | 26'43"/km |
| 11. | 226 | 00:03:11 | 00:41:58 | 172m | 18'30"/km |
| 12. | 167 | 00:02:23 | 00:44:21 | 138m | 17'16"/km |
| 13. | 194 | 00:01:49 | 00:46:10 | 122m | 14'53"/km |
| 14. | 214 | 00:01:48 | 00:47:58 | 112m | 16'04"/km |
| 15. | 192 | 00:12:41 | 01:00:39 | 681m | 18'37"/km |
| 16. | 191 | 00:05:30 | 01:06:09 | 483m | 11'23"/km |
| 17. | 168 | 00:03:31 | 01:09:40 | 217m | 16'12"/km |
| 18. | 189 | 00:02:15 | 01:11:55 | 145m | 15'31"/km |
| 19. | 220 | 00:05:12 | 01:17:07 | 291m | 17'52"/km |
| 20. | 999 | 00:00:50 | 01:17:57 | 128m | 6'31"/km  |

Orienteering Software