



VIII Copa Sul - Longo
Distrito de CRIÚVA 2.3.2024
Clube de Orientação de Santa Cruz

Plínio Costa Nascimento

Clube de Orientação de Curitiba

Percurso : H55A

Distancia : 5400m (Desnivel 160m)

Tempo : 1:57:28 (21'45"/km)

11/13

O.K.

[Resultados completos em Webres](#)

1. José Carlos Pascotini	1:06:51
2. José Antonio Fernandes	1:21:45
3. Valdir Tasca	1:21:58

1.	31	00:01:39		114m	14'28"/km
2.	74	00:02:08	00:03:47	282m	7'34"/km
3.	72	00:01:51	00:05:38	218m	8'29"/km
4.	92	00:06:59	00:12:37	375m	18'37"/km
5.	67	00:05:11	00:17:48	251m	20'39"/km
6.	61	00:02:58	00:20:46	192m	15'27"/km
7.	63	00:06:04	00:26:50	372m	16'18"/km
8.	65	00:12:11	00:39:01	398m	30'37"/km
9.	52	00:02:41	00:41:42	127m	21'08"/km
10.	91	00:11:57	00:53:39	271m	44'06"/km
11.	62	00:05:21	00:59:00	334m	16'01"/km
12.	64	00:17:17	01:16:17	341m	50'41"/km
13.	39	00:11:21	01:27:38	466m	24'21"/km
14.	45	00:11:43	01:39:21	639m	18'20"/km
15.	60	00:06:11	01:45:32	344m	17'58"/km
16.	87	00:06:25	01:51:57	269m	23'51"/km
17.	53	00:01:48	01:53:45	130m	13'51"/km
18.	95	00:03:22	01:57:07	231m	14'34"/km
19.	999	00:00:21	01:57:28	88m	3'59"/km

Orienteering Software