



VIII Copa Sul - Longo
Distrito de CRIÚVA 2.3.2024
Clube de Orientação de Santa Cruz

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Clube de Orientação de Miguel Pereira e
Arredores Sobre a Serra

Percurso : H55A

Distancia : 5400m (Desnivel 160m)

Tempo : 1:22:37 (15'18"/km)

4/13

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------|---------|
| 1. José Carlos Pascotini | 1:06:51 |
| 2. José Antonio Fernandes | 1:21:45 |
| 3. Valdir Tasca | 1:21:58 |

1.	31	00:01:16		114m	11'07"/km
2.	74	00:01:29	00:02:45	282m	5'16"/km
3.	72	00:01:27	00:04:12	218m	6'39"/km
4.	92	00:02:52	00:07:04	375m	7'39"/km
5.	67	00:05:11	00:12:15	251m	20'39"/km
6.	61	00:03:41	00:15:56	192m	19'11"/km
7.	63	00:04:30	00:20:26	372m	12'06"/km
8.	65	00:10:14	00:30:40	398m	25'43"/km
9.	52	00:02:38	00:33:18	127m	20'44"/km
10.	91	00:06:00	00:39:18	271m	22'08"/km
11.	62	00:03:54	00:43:12	334m	11'41"/km
12.	64	00:08:00	00:51:12	341m	23'28"/km
13.	39	00:05:43	00:56:55	466m	12'16"/km
14.	45	00:12:11	01:09:06	639m	19'04"/km
15.	60	00:03:10	01:12:16	344m	9'12"/km
16.	87	00:04:35	01:16:51	269m	17'02"/km
17.	53	00:01:13	01:18:04	130m	9'22"/km
18.	95	00:04:06	01:22:10	231m	17'45"/km
19.	999	00:00:27	01:22:37	88m	5'07"/km

Orienteering Software