



VIII Copa Sul - Longo
Distrito de CRIÚVA 2.3.2024
Clube de Orientação de Santa Cruz

Helena Roniak Dos Santos

Clube de Orientação Gralha Azul

Percurso : D18E

Distancia : 6800m (Desnivel 250m)

Tempo : 2:21:36 (20'49"/km)

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O.K.

[Resultados completos em Webres](#)

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|-------------------------|---------|
| 1. Rayssa Camargo Sintz | 2:15:35 |
| 3. Giovanna Maciel Melo | 2:27:49 |

1.	71	00:02:55		163m	17'54"/km
2.	72	00:03:58	00:06:53	372m	10'40"/km
3.	92	00:08:25	00:15:18	375m	22'27"/km
4.	67	00:04:38	00:19:56	251m	18'28"/km
5.	36	00:16:57	00:36:53	1017m	16'40"/km
6.	35	00:09:02	00:45:55	562m	16'04"/km
7.	34	00:04:27	00:50:22	225m	19'47"/km
8.	33	00:05:32	00:55:54	258m	21'27"/km
9.	41	00:04:56	01:00:50	244m	20'13"/km
10.	45	00:09:49	01:10:39	429m	22'53"/km
11.	39	00:15:33	01:26:12	639m	24'20"/km
12.	44	00:16:03	01:42:15	239m	67'09"/km
13.	64	00:08:06	01:50:21	341m	23'45"/km
14.	62	00:05:56	01:56:17	341m	17'24"/km
15.	58	00:03:26	01:59:43	268m	12'49"/km
16.	61	00:03:37	02:03:20	176m	20'33"/km
17.	90	00:11:13	02:14:33	407m	27'34"/km
18.	81	00:05:17	02:19:50	263m	20'05"/km
19.	95	00:01:32	02:21:22	139m	11'02"/km
20.	999	00:00:14	02:21:36	88m	2'39"/km

Orienteering Software