



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Etienne VANDEGHINSTE

Altair C.O.

Circuit : H:Noir Moyen

Distance : 7400m

Temps : 2:12:22 (17'53"/km)

18/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Rune DE CLERCQ | 0:55:02 |
| 2. Jorn KENNIS | 0:59:31 |
| 3. Plamen PEEV | 1:02:18 |

1.	167	00:03:03	380m	8'02"/km
2.	171	00:10:49	00:13:52	140m 77'16"/km
3.	170	00:04:00	00:17:52	440m 9'05"/km
4.	174	00:04:09	00:22:01	400m 10'23"/km
5.	213	00:07:13	00:29:14	560m 12'53"/km
6.	195	00:09:11	00:38:25	210m 43'44"/km
7.	190	00:05:12	00:43:37	
8.	182	00:02:37	00:46:14	120m 21'48"/km
9.	185	00:02:19	00:48:33	100m 23'10"/km
10.	180	00:01:00	00:49:33	70m 14'17"/km
11.	214	00:01:43	00:51:16	50m 34'20"/km
12.	183	00:01:56	00:53:12	140m 13'49"/km
13.	179	00:02:36	00:55:48	60m 43'20"/km
14.	187	00:05:38	01:01:26	250m 22'32"/km
15.	194	00:01:59	01:03:25	130m 15'15"/km
16.	191	00:08:24	01:11:49	110m 76'22"/km
17.	215	00:03:47	01:15:36	110m 34'24"/km
18.	198	00:02:05	01:17:41	90m 23'09"/km
19.	197	00:04:42	01:22:23	400m 11'45"/km
20.	199	00:05:58	01:28:21	660m 9'02"/km
21.	200	00:02:27	01:30:48	160m 15'19"/km
22.	219	00:08:50	01:39:38	
23.	202	00:05:32	01:45:10	170m 32'33"/km
24.	203	00:04:17	01:49:27	200m 21'25"/km
25.	205	00:02:16	01:51:43	130m 17'26"/km
26.	209	00:03:48	01:55:31	320m 11'53"/km
27.	210	00:01:41	01:57:12	180m 9'21"/km
28.	216	00:03:13	02:00:25	280m 11'29"/km
29.	208	00:02:49	02:03:14	220m 12'48"/km
30.	217	00:01:43	02:04:57	90m 19'04"/km
31.	218	00:04:23	02:09:20	200m 21'55"/km
32.	212	00:00:58	02:10:18	60m 16'07"/km
33.	250	00:01:49	02:12:07	170m 10'41"/km
34.	999	00:00:15	02:12:22	60m 4'10"/km