



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

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Altair C.O.

Circuit : H:Noir Moyen

Distance : 7400m

Temps : 1:50:23 (14'55"/km)

16/20

O.K.

[Résultats complets sur Webres](#)

1. Rune DE CLERCQ 0:55:02
2. Jorn KENNIS 0:59:31
3. Plamen PEEV 1:02:18

1.	167	00:03:35		380m	9'26"/km
2.	171	00:01:59	00:05:34	140m	14'10"/km
3.	170	00:04:27	00:10:01	440m	10'07"/km
4.	174	00:04:43	00:14:44	400m	11'47"/km
5.	213	00:05:46	00:20:30	560m	10'18"/km
6.	195	00:06:50	00:27:20	210m	32'32"/km
7.	190	00:04:40	00:32:00		
8.	182	00:01:42	00:33:42	120m	14'10"/km
9.	185	00:04:37	00:38:19	100m	46'10"/km
10.	180	00:01:05	00:39:24	70m	15'29"/km
11.	214	00:00:53	00:40:17	50m	17'40"/km
12.	183	00:02:02	00:42:19	140m	14'31"/km
13.	179	00:03:13	00:45:32	60m	53'37"/km
14.	187	00:06:12	00:51:44	250m	24'48"/km
15.	194	00:02:17	00:54:01	130m	17'34"/km
16.	191	00:02:05	00:56:06	110m	18'56"/km
17.	215	00:02:06	00:58:12	110m	19'05"/km
18.	198	00:02:11	01:00:23	90m	24'16"/km
19.	197	00:04:39	01:05:02	400m	11'38"/km
20.	199	00:07:12	01:12:14	660m	10'55"/km
21.	200	00:02:15	01:14:29	160m	14'04"/km
22.	202	00:06:55	01:21:24	640m	10'48"/km
23.	203	00:03:23	01:24:47	200m	16'55"/km
24.	205	00:06:57	01:31:44	130m	53'28"/km
25.	209	00:04:04	01:35:48	320m	12'42"/km
26.	210	00:01:59	01:37:47	180m	11'01"/km
27.	216	00:03:17	01:41:04	280m	11'44"/km
28.	208	00:02:17	01:43:21	220m	10'23"/km
29.	217	00:01:37	01:44:58	90m	17'58"/km
30.	218	00:02:11	01:47:09	200m	10'55"/km
31.	212	00:00:59	01:48:08	60m	16'23"/km
32.	250	00:01:58	01:50:06	170m	11'34"/km
33.	999	00:00:17	01:50:23	60m	4'43"/km