# Deux Jours du Hainaut Etape 1- Longue Distance
## Ghlin 15.5.2021
## C.O. Militaire Belge

**Dominique STAS**
ASUB
Circuit : H:Noir Moyen
Distance : 7400m
Temps : 1:34:24 (12'45"/km)

**13/20** O.K.

Résultats complets sur Webres

1. Rune DE CLERCQ 0:55:02
2. Jorn KENNIS 0:59:31
3. Plamen PEEV 1:02:18

| | | | | | |
|---|---|---|---|---|---|
| 1. | 167 | 00:03:01 | | 380m | 7'56"/km |
| 2. | 171 | 00:02:05 | *00:05:06* | 140m | 14'53"/km |
| 3. | 170 | 00:03:49 | *00:08:55* | 440m | 8'40"/km |
| 4. | 174 | 00:04:43 | *00:13:38* | 400m | 11'47"/km |
| 5. | 213 | 00:07:35 | *00:21:13* | 560m | 13'32"/km |
| 6. | 195 | 00:05:17 | *00:26:30* | 210m | 25'10"/km |
| 7. | 190 | 00:04:02 | *00:30:32* | | |
| 8. | 182 | 00:01:53 | *00:32:25* | 120m | 15'42"/km |
| 9. | 185 | 00:01:21 | *00:33:46* | 100m | 13'30"/km |
| 10. | 180 | 00:00:54 | *00:34:40* | 70m | 12'51"/km |
| 11. | 214 | 00:01:37 | *00:36:17* | 50m | 32'20"/km |
| 12. | 183 | 00:01:29 | *00:37:46* | 140m | 10'36"/km |
| 13. | 179 | 00:00:42 | *00:38:28* | 60m | 11'40"/km |
| 14. | 187 | 00:03:31 | *00:41:59* | 250m | 14'04"/km |
| 15. | 194 | 00:01:23 | *00:43:22* | 130m | 10'38"/km |
| 16. | 191 | 00:01:21 | *00:44:43* | 110m | 12'16"/km |
| 17. | 215 | 00:01:23 | *00:46:06* | 110m | 12'35"/km |
| 18. | 198 | 00:01:35 | *00:47:41* | 90m | 17'36"/km |
| 19. | 197 | 00:03:53 | *00:51:34* | 400m | 9'42"/km |
| 20. | 199 | 00:05:24 | *00:56:58* | 660m | 8'11"/km |
| 21. | 200 | 00:02:00 | *00:58:58* | 160m | 12'30"/km |
| 22. | 202 | 00:15:26 | *01:14:24* | 640m | 24'07"/km |
| 23. | 203 | 00:02:05 | *01:16:29* | 200m | 10'25"/km |
| 24. | 205 | 00:01:48 | *01:18:17* | 130m | 13'51"/km |
| 25. | 209 | 00:03:09 | *01:21:26* | 320m | 9'51"/km |
| 26. | 210 | 00:01:43 | *01:23:09* | 180m | 9'32"/km |
| 27. | 216 | 00:02:41 | *01:25:50* | 280m | 9'35"/km |
| 28. | 208 | 00:02:09 | *01:27:59* | 220m | 9'46"/km |
| 29. | 217 | 00:01:27 | *01:29:26* | 90m | 16'07"/km |
| 30. | 218 | 00:02:06 | *01:31:32* | 200m | 10'30"/km |
| 31. | 212 | 00:00:50 | *01:32:22* | 60m | 13'53"/km |
| 32. | 250 | 00:01:43 | *01:34:05* | 170m | 10'06"/km |
| 33. | 999 | 00:00:19 | *01:34:24* | 60m | 5'17"/km |

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