



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Didier HOOFD

ASUB

Course : H:Noir Moyen

Distance : 7400m

Time : 1:28:02 (11'54"/km)

11/20

O.K.

[Full result on Webres](#)

1. Rune DE CLERCQ	0:55:02
2. Jorn KENNIS	0:59:31
3. Plamen PEEV	1:02:18

1.	167	00:02:55		380m	7'41"/km
2.	171	00:01:16	00:04:11	140m	9'03"/km
3.	170	00:04:23	00:08:34	440m	9'58"/km
4.	174	00:04:26	00:13:00	400m	11'05"/km
5.	213	00:05:21	00:18:21	560m	9'33"/km
6.	195	00:01:48	00:20:09	210m	8'34"/km
7.	189	00:01:17	00:21:26	70m	18'20"/km
8.	190	00:02:11	00:23:37	200m	10'55"/km
9.	182	00:02:01	00:25:38	120m	16'48"/km
10.	185	00:01:22	00:27:00	100m	13'40"/km
11.	180	00:00:42	00:27:42	70m	10'00"/km
12.	214	00:00:39	00:28:21	50m	13'00"/km
13.	183	00:01:25	00:29:46	140m	10'07"/km
14.	179	00:00:51	00:30:37	60m	14'10"/km
15.	187	00:03:23	00:34:00	250m	13'32"/km
16.	194	00:01:14	00:35:14	130m	9'29"/km
17.	191	00:01:27	00:36:41	110m	13'11"/km
18.	215	00:03:26	00:40:07	110m	31'13"/km
19.	198	00:01:15	00:41:22	90m	13'53"/km
20.	197	00:07:30	00:48:52	400m	18'45"/km
21.	199	00:05:38	00:54:30	660m	8'32"/km
22.	200	00:01:47	00:56:17	160m	11'09"/km
23.	202	00:12:27	01:08:44	640m	19'27"/km
24.	203	00:02:27	01:11:11	200m	12'15"/km
25.	205	00:01:56	01:13:07	130m	14'52"/km
26.	209	00:02:33	01:15:40	320m	7'58"/km
27.	210	00:01:52	01:17:32	180m	10'22"/km
28.	216	00:02:30	01:20:02	280m	8'56"/km
29.	208	00:02:04	01:22:06	220m	9'24"/km
30.	217	00:01:25	01:23:31	90m	15'44"/km
31.	218	00:01:37	01:25:08	200m	8'05"/km
32.	212	00:00:51	01:25:59	60m	14'10"/km
33.	250	00:01:44	01:27:43	170m	10'12"/km
34.	999	00:00:19	01:28:02	60m	5'17"/km