



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Andre DE VEIRMAN

TROL

Circuit : H:Noir Moyen

Distance : 7400m

Temps : 1:17:55 (10'32"/km)

6/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Rune DE CLERCQ | 0:55:02 |
| 2. Jorn KENNIS | 0:59:31 |
| 3. Plamen PEEV | 1:02:18 |

1.	167	00:03:01		380m	7'56"/km
2.	171	00:01:07	00:04:08	140m	7'59"/km
3.	170	00:03:22	00:07:30	440m	7'39"/km
4.	174	00:04:13	00:11:43	400m	10'32"/km
5.	213	00:04:53	00:16:36	560m	8'43"/km
6.	195	00:05:42	00:22:18	210m	27'09"/km
7.	190	00:04:40	00:26:58		
8.	182	00:01:29	00:28:27	120m	12'22"/km
9.	185	00:01:48	00:30:15	100m	18'00"/km
10.	180	00:00:40	00:30:55	70m	9'31"/km
11.	214	00:00:29	00:31:24	50m	9'40"/km
12.	183	00:01:08	00:32:32	140m	8'06"/km
13.	179	00:00:50	00:33:22	60m	13'53"/km
14.	187	00:03:00	00:36:22	250m	12'00"/km
15.	194	00:01:08	00:37:30	130m	8'43"/km
16.	191	00:01:18	00:38:48	110m	11'49"/km
17.	215	00:01:15	00:40:03	110m	11'22"/km
18.	198	00:02:42	00:42:45	90m	30'00"/km
19.	197	00:03:02	00:45:47	400m	7'35"/km
20.	199	00:04:47	00:50:34	660m	7'15"/km
21.	200	00:01:49	00:52:23	160m	11'21"/km
22.	202	00:06:12	00:58:35	640m	9'41"/km
23.	203	00:02:13	01:00:48	200m	11'05"/km
24.	205	00:01:35	01:02:23	130m	12'11"/km
25.	209	00:02:58	01:05:21	320m	9'16"/km
26.	210	00:03:07	01:08:28	180m	17'19"/km
27.	216	00:02:23	01:10:51	280m	8'31"/km
28.	208	00:01:52	01:12:43	220m	8'29"/km
29.	217	00:01:10	01:13:53	90m	12'58"/km
30.	218	00:01:10	01:15:03	200m	5'50"/km
31.	212	00:01:18	01:16:21	60m	21'40"/km
32.	250	00:01:19	01:17:40	170m	7'45"/km
33.	999	00:00:15	01:17:55	60m	4'10"/km