



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Rasa ENGSTEDT

ASUB

Course : D:Noir Moyen

Distance : 7400m

Time : 1:38:19 (13'17"/km)

3/7

O.K.

[Full result on Webres](#)

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|------------------------|---------|
| 1. Florine DURIEUX | 1:15:18 |
| 2. Charlotte SOLTYSIAK | 1:27:21 |

1.	167	00:03:40		380m	9'39"/km
2.	171	00:01:10	00:04:50	140m	8'20"/km
3.	170	00:04:34	00:09:24	440m	10'23"/km
4.	174	00:05:51	00:15:15	400m	14'37"/km
5.	213	00:08:12	00:23:27	560m	14'39"/km
6.	195	00:03:08	00:26:35	210m	14'55"/km
7.	190	00:07:25	00:34:00		
8.	182	00:01:52	00:35:52	120m	15'33"/km
9.	185	00:01:20	00:37:12	100m	13'20"/km
10.	180	00:00:50	00:38:02	70m	11'54"/km
11.	214	00:00:37	00:38:39	50m	12'20"/km
12.	183	00:01:31	00:40:10	140m	10'50"/km
13.	179	00:00:48	00:40:58	60m	13'20"/km
14.	187	00:04:01	00:44:59	250m	16'04"/km
15.	194	00:01:37	00:46:36	130m	12'26"/km
16.	191	00:01:41	00:48:17	110m	15'18"/km
17.	215	00:01:38	00:49:55	110m	14'51"/km
18.	198	00:02:31	00:52:26	90m	27'58"/km
19.	197	00:04:33	00:56:59	400m	11'22"/km
20.	199	00:07:38	01:04:37	660m	11'34"/km
21.	200	00:02:31	01:07:08	160m	15'44"/km
22.	202	00:07:19	01:14:27	640m	11'26"/km
23.	203	00:02:39	01:17:06	200m	13'15"/km
24.	205	00:02:13	01:19:19	130m	17'03"/km
25.	209	00:03:51	01:23:10	320m	12'02"/km
26.	210	00:01:44	01:24:54	180m	9'38"/km
27.	216	00:03:34	01:28:28	280m	12'44"/km
28.	208	00:02:53	01:31:21	220m	13'06"/km
29.	217	00:02:00	01:33:21	90m	22'13"/km
30.	218	00:01:54	01:35:15	200m	9'30"/km
31.	212	00:00:43	01:35:58	60m	11'57"/km
32.	250	00:01:54	01:37:52	170m	11'11"/km
33.	999	00:00:27	01:38:19	60m	7'30"/km