



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Charlotte SOLTYSIAK

5906HF VALMO (France)

Course : D:Noir Moyen

Distance : 7400m

Time : 1:27:21 (11'48"/km)

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O.K.

[Full result on Webres](#)

1. Florine DURIEUX	1:15:18
3. Rasa ENGSTEDT	1:38:19

1.	167	00:03:57		380m	10'24"/km
2.	171	00:01:25	00:05:22	140m	10'07"/km
3.	170	00:04:39	00:10:01	440m	10'34"/km
4.	174	00:04:03	00:14:04	400m	10'07"/km
5.	213	00:06:16	00:20:20	560m	11'11"/km
6.	195	00:06:52	00:27:12	210m	32'42"/km
7.	190	00:03:26	00:30:38		
8.	182	00:02:38	00:33:16	120m	21'57"/km
9.	185	00:01:58	00:35:14	100m	19'40"/km
10.	180	00:01:16	00:36:30	70m	18'06"/km
11.	214	00:01:25	00:37:55	50m	28'20"/km
12.	183	00:01:34	00:39:29	140m	11'11"/km
13.	179	00:00:49	00:40:18	60m	13'37"/km
14.	187	00:03:43	00:44:01	250m	14'52"/km
15.	194	00:01:14	00:45:15	130m	9'29"/km
16.	191	00:05:25	00:50:40	110m	49'15"/km
17.	215	00:01:10	00:51:50	110m	10'36"/km
18.	198	00:01:52	00:53:42	90m	20'44"/km
19.	197	00:03:23	00:57:05	400m	8'27"/km
20.	199	00:04:55	01:02:00	660m	7'27"/km
21.	200	00:01:47	01:03:47	160m	11'09"/km
22.	202	00:05:19	01:09:06	640m	8'18"/km
23.	203	00:02:08	01:11:14	200m	10'40"/km
24.	205	00:02:10	01:13:24	130m	16'40"/km
25.	209	00:02:46	01:16:10	320m	8'39"/km
26.	210	00:01:19	01:17:29	180m	7'19"/km
27.	216	00:02:38	01:20:07	280m	9'24"/km
28.	208	00:01:57	01:22:04	220m	8'52"/km
29.	217	00:01:17	01:23:21	90m	14'16"/km
30.	218	00:01:20	01:24:41	200m	6'40"/km
31.	212	00:00:58	01:25:39	60m	16'07"/km
32.	250	00:01:29	01:27:08	170m	8'44"/km
33.	999	00:00:13	01:27:21	60m	3'37"/km